



The Center Piece

JANUARY 2025



We will be closed January 20th
MARTIN LUTHER KING DAY

On The Inside

Winter Wellness Day 

 SENIOR REFERRAL NETWORK
Connecting Senior Service & Care Providers

 Kid's Kloset Annual
FUNDRAISER

2025 
UPCOMING EVENTS
Pull-Out Calendar

2025 Events & Craft Shows at The Center!

February 8
Winter Wellness Day

April 19
Easter Bazaar & family fun Day

August 1 & 2
Paw-Some Pet fair

September 20
Dream Day Expo-Bridal & Events Showcase

October 24 & 25
fall family Craft fair

December 5 & 6
Holiday Craft fair



Vendor registrations open online on January 15.
Sign up early to reserve your space!
www.thecenteronrosser.org



From the CEO

Happy
New
Year!

We hope this message finds you well and ready to kick off 2025 with renewed energy and excitement. As we step into the new year, we want to take a moment to express our heartfelt gratitude for your support and participation throughout 2024. Thanks to you, it was a year filled with growth, connection, and memorable moments.

We're thrilled to welcome you back to *The Center* this January! Our team has been hard at work planning an exciting lineup of activities, events, and member mixers to make 2025 even more vibrant and engaging. Keep an eye out for announcements and updates—you won't want to miss the fun!

Your involvement means the world to us, and we can't wait to see you at The Center, whether it's for a class, a game, or one of our special events. Together, let's make this a fantastic year filled with community, laughter, and great experiences. Thank you for being an essential part of what makes *The Center* so special. Here's to a wonderful start to 2025!



Kathy McFadden

A Special
THANK YOU

As we close another year filled with generosity and kindness, I want to extend my sincerest gratitude to everyone who contributed to our Christmas Kids' Gifts and the Senior Tree initiatives.

The overwhelming support we received was nothing short of extraordinary. Together, we were able to bring joy and hope to countless children and seniors in our community. Your thoughtful contributions, whether through gifts, donations, or your valuable time, have made an immeasurable difference in the lives of so many.

Thanks to you, children experienced the magic of Christmas with gifts that lit up their faces and hearts, and seniors in need felt the warmth of being remembered and cared for during the holiday season.

This remarkable outcome would not have been possible without your kindness, compassion, and dedication. You are the heart of our mission, and your support inspires us to continue making a difference in our community.

Thank you for showing the true spirit of the season and for helping us spread love and kindness where it is needed most. Wishing you and your families a joyous holiday season and a prosperous New Year.

Important Member Information

Dear Members,

Effective January 1, 2025, we are implementing the following updates to our membership process:

Annual Membership Renewal:

Memberships will now renew on an annual basis with a standardized expiration date of **December 31, 2025**.

Gym Program Verification:

Beginning January 1, we will need to reverify your membership with your gym program. This is necessary as some members have become ineligible or have changed programs.

We appreciate your patience and understanding as these updates may require additional time during check-in.

Thank you for being a valued member of our community!



Business Member News & Events



Prescott Caregivers Needed!
 \$17/hr. Flex hours, health benefits,
 PTO. \$250 sign on bonus!
 Make a difference in someone's
 life today! 928-220-4100



**LAS FUENTES
 RESORT VILLAGE**
 A SENIOR LIVING COMMUNITY

Open House!
 Visit us for Open House on
 Tuesdays and Thursdays from
 1-3pm. Enjoy a tour & a cookie!
 1035 Scott Drive in Prescott



Now Hiring!
 We are hiring for a Front Desk
 Patient Coordinator. Apply on
 Indeed, or call Denice for an
 interview at 928-660-2645



Free Social Security Seminars

January 16 - 6:00 pm
 January 22 - 6:00 pm
at The Center



**SENIOR
 REFERRAL
 NETWORK**

Connecting Senior Service & Care Providers

Next Event
 February 11th - 5-7pm
at The Center

2025 Business Members

Executive Platinum



Platinum



Dignity Health.
 Yavapai Regional Medical Center

Gold



Silver



**LAS FUENTES
 RESORT VILLAGE**
 A SENIOR LIVING COMMUNITY

Bronze





We're excited to invite you to our 2nd Annual Fundraiser for the Kid's Closet on February 26th.

Please join us to help reach our goal of \$5,000 for 2025!

If you can't attend, but would still like to donate, you can make donations online at

www.thecenteronrosser.org

Thank you for your support!

Join us!

PASTA

Dinner Fundraiser

for Kid's Closet

Wednesday, March 5
5:00 - 6:30 pm

\$10 per person
Soft Drinks | Dessert | Raffle
Beer & Wine for Donations

Join us at The Center!
1280 E. Rosser Street | Prescott
928-778-3000
www.thecenteronrosser.org

January At-A-Glance

Please refer to the Calendar on our website for details.

- Thursday, 1/1 Center Closed New Years' Day
- Wednesday, 1/8 Demo w/Chef Caleb
- Thursday, 1/9 Blood Pressure Checks
- Monday, 1/13 Raskins Jewelers
- Tuesday, 1/14 Page Turner's Book Club
- Wednesday, 1/15 AZ Territorial Society
- Thursday, 1/16 Social Security Seminar
- Saturday, 1/18 Dance w/Ronnie
- Monday, 1/20 Center Closed MLK Day
- Wednesday, 1/22 Social Security Seminar
- Tuesday, 1/28 Lunch & Learn Desert Financial

Computer Classes start again in February. Stay tuned for dates & times!

WINTER Wellness Day

FEBRUARY 8 | 10AM - 2PM

Join us for a cup of hot chocolate and find new ways to improve your health and well being!

- Restorative Yoga
- Essential Oils & Skin Care
- Workout Demos
- Healthy Recipe Demos
- Blood Pressure Checks
- Free Hearing Tests

Enjoy free samples and giveaways while they last, door prizes, and a Bingo raffle!



1280 E. Rosser | Prescott | 928-778-3000
Visit Us: www.thecenteronrosser.org

Thank you to our event sponsor!



January Events & Activities

| Day | Program/Activity | AM/PM | Members | |
|--|--|--|------------|-----|
| THE CENTER WILL BE CLOSED ON JANUARY 1 & JANUARY 20 - NO CLASSES WILL BE HELD | | | | |
| MONDAY | Movin' w/June (Cancelled 1/20) | 8:30 AM | \$8 | |
| | In the Middle Line Dance w/Cindy (Cancelled 1/20) | 9:30 AM | \$8 | |
| | Strength & Balance w/Joy (Cancelled 1/20) | 9:30 AM | \$9 | |
| | Zumba w/Kay (Cancelled 1/20) | 11:00AM | \$8 | |
| | Hand & Foot Canasta (Cancelled 1/20) | 12:00 PM | \$5 | |
| | ACBL Sanctioned Bridge (Cancelled 1/20) | 12:00 PM | \$8 | |
| | Non-Sanctioned Bridge (Cancelled 1/20) | 12:00 PM | \$7 | |
| | Integrated Exercise Yoga/Qigong/Pilates w/Roma (Cancelled 1/20) | 12:15 PM | \$8 | |
| | Raskins Jewelers - Cleaning & watch repair (1/13) | 12:30 PM | FREE | |
| | Tai Chi & Qigong w/Roma (Cancelled 1/20) | 1:30 PM | \$8 | |
| | Beginning Radical Rebounding w/Dr. Kimberley (Cancelled 1/20) | 2:15 PM | \$25 | |
| | Intermediate Radical Rebounding w/Dr. Kimberley (Cancelled 1/20) | 3:00 PM | \$25 | |
| | New! Tai Chi w/Larry on Mondays- Starts 1/13 | 5:00 PM | \$8 | |
| | New! Monday Bingo - Starts 1/6 - Doors open at 4:45pm, Game starts at 5:45 pm | 5:45PM | Per Game | |
| TUESDAY | All Levels Yoga w/Katy | 8:40 AM | \$9 | |
| | Meditation w/Peg | 9:00 AM | \$5 | |
| | Strength & Balance w/Joy - 1 Hour | 9:00 AM | \$9 | |
| | Balance Tai Chi Movements w/Joy - 30 minutes | 10:00 AM | \$5 | |
| | Basic Beginner Line Dance w/CindyLou | 10:00 AM | \$8 | |
| | Weights w/Balls & Chair w/Katy Kolasa | 10:00 AM | \$9 | |
| | Tai Chi Chuan w/Bryan | 10:30 AM | \$8 | |
| | Chair Yoga w/Joy | 11:15 AM | \$9 | |
| | ACBL Sanctioned Bridge | 12:00 PM | \$8 | |
| | Lunch & Learn w/Desert Fin. - 'Wealth Management' (1/28) | 1:15 PM | Free | |
| | The Page Turners Book Club (1/14) | 1:30 PM | Free | |
| | Intermediate Line Dance w/Barb | 3:00 PM | \$8 | |
| | *Ronnie returns in February w/Beginning. WC Swing at 6:30 pm & Intermediate Line Dance at 7:30 pm | | | |
| | WEDNESDAY | Strength & Balance w/Joy (Cancelled 1/1) | 9:30 AM | \$9 |
| Mat Pilates w/Denise (Cancelled 1/1) | | 10:30 AM | \$8 | |
| All Levels Yoga w/Katy (Cancelled 1/1) | | 11:00 AM | \$9 | |
| ACBL Sanctioned Bridge (Cancelled 1/1) | | 12:00 PM | \$8 | |
| AZ Territorial Society (1/15) | | 1:00PM | Free | |
| Chef Demo with Chef Caleb - (1/8) | | 2:30 PM | Free | |
| Beginning Radical Rebounding w/Dr. Kimberly (Cancelled 1/1) | | 4:45 PM | \$25 | |
| Intermediate Radical Rebounding w/Dr. Kimberly (Cancelled 1/1) | | 5:30 PM | \$25 | |
| Social Security Seminar (1/22) | 6:00 PM | Free | | |

Non-Member Price for Activities \$ 10 Non-Member for Bridge \$ 12 to \$ 15

*Activities in BLUE are our Basic Fitness Classes. All other classes are Premium.

| Day | Program/Activity | AM/PM | Member Fee |
|----------|--|----------------|------------|
| THURSDAY | Strategic Network Partners | 7:30 AM | Free |
| | All Levels Yoga w/Katy | 8:40 AM | \$9 |
| | Lower Body w/Back & Core Strength w/Joy - 1hr | 9:00 AM | \$9 |
| | Strength & Balance Class w/Joy - 30 Minutes | 10:00 AM | \$5 |
| | Beginner Line Dance w/Sandi | 10:00 AM | \$6 |
| | Tai Chi Chuan w/Bryan | 10:30 AM | \$8 |
| | Blood Pressure Checks (1/9) | 10:45 AM | Free |
| | BINGO - Games start at 1:30 pm, Doors open at Noon | 12:00 PM | Per Game |
| | Chair Yoga w/Joy | 12:00 PM | \$9 |
| | Hand & Foot Canasta | 12:00 PM | \$5 |
| | American Mahjongg - Beginners Welcome | 1:00 PM | \$5 |
| | New! Tai Chi w/Larry on Thursdays Starts 1/16 | 5:00 PM | \$8 |
| | Hot Hula Fitness | 5:30 PM | \$5 |
| | Social Security Seminar (1/16) | 6:00 PM | Free |
| FRIDAY | Movin' w/June | 9:00AM | \$8 |
| | ZUMBA Gold w/Kay | 10:15 AM | \$8 |
| | Balance & Stretch with Chair w/Katy | 11:15 AM | \$8 |
| S/S | Dance w/Ronnie (Saturday, 1/18) | 6:30 PM | \$15 |
| | Union Church Services (Sundays) | 10:00 AM | Free |

*Activities in BLUE are our Basic Fitness Classes. All other classes are Premium.

Non-Member Price for Activities \$10 Non-Member for Bridge \$12 to \$15



SENIOR REFERRAL NETWORK

Connecting Senior Service & Care Providers

Next Event: February 11th



Scan to Register

2025 Mixer Schedule

(for Standard & Premium Center Members)

March 12 – "Ready, Set, Bloom"

June 24 – "Summer Sipper"

September 17 – "Autumn Chill Social"

December 16 – "Mixer & Cookie Exchange"

JOIN US!

2025 CALENDAR

JANUARY

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FEBRUARY

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AUGUST

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SEPTEMBER

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OCTOBER




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NOVEMBER

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DECEMBER

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| 28 | 29 | 30 | 31 | | | |

 = 2025 Events at The Center  = Center Closed  = Member Mixers*

*Mixers for Standard & Premium Center Members

www.thecenteronrosser.org



2025 Calendar of Events at The Center!

February 8

Winter
Wellness
Day

February 26

Fundraiser
for
Kid's Kloset

April 19

Easter Bazaar
& Family
Fun Day

July 10

1st Responder's
BBQ Lunch

August 1

Paw-Some
Pet Fair
Day 1

August 2

Paw-Some
Pet Fair
Day 2

September 20

Bridal &
Events
Showcase

October 24

Fall Family
Craft Fair
Day 1

October 25

Fall Family
Craft Fair
Day 2

November 7

Veteran's Day
Luncheon

December 5

Holiday
Craft Fair
Day 1

December 6

Holiday
Craft Fair
Day 2



Back in 2025!



Speaker Series at The Center

**This Month:
January 15 - 1:00 pm**

Visit our website for the 2025 Schedule:
www.thecenteronrosser.org/az-terr-series



CHEF DEMOs at The Center!

We are very excited that Chef Caleb and his team from Las Fuentes Resort Village will be presenting Chef Demos the 2nd Wednesday of each month at 2:30 pm.

**Next Demo: January 8
Recipe: Hoppin' John**

Join us to try amazing recipes and even get a cooking tip or two!

Chef Demo brought to you by Las Fuentes!



Chef's 2025 Demo Schedule

January 8
February 12
March 12
April 9
May 14
June 11
July 9
August 13
September 10
October 8

Subject to change, please check the Center's online calendar at www.thecenteronrosser.org



The Center is adding an additional BINGO game on
Monday's starting January 6!

Doors open at 4:45pm | Game starts at 5:45pm

See you there!

VENDORS *Wanted*

Winter Wellness Day

February 8

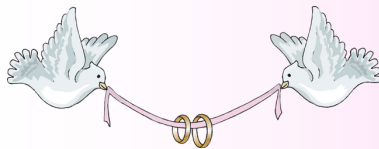


Easter Bazaar & Fun Day

April 19

Paw-Some Pet Fair

August 1 & 2



Bridal & Event Showcase

September 20

Fall Family Craft Fair

October 24 & 25



Holiday Craft Fair

December 5 & 6

If you would like to participate as a vendor for the 2025 Events at The Center, registration will be open online at www.thecenteronrosser.org for all shows on January 15, after 3:00 pm. Pricing and vendor spaces will be available when you register. Thank you!

Advertisers

DevotedHealth

Vicki Holmes

Community Outreach Specialist

928.830.4744

vicki.holmes@devoted.com

www.devoted.com

Susan Drysdale, PhD

Specializing in Grief, Transition, and Loss Issues

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928-379-0163 - Andrew McFadden



Is hearing better in 2025 your New Year's Resolution?

Are you interested in improving your quality of life, mental sharpness, physical and social activity?

Ring in the new year with better health and hearing!

Isn't it time to get your hearing assessed to see if you have a hearing loss? Wouldn't it be nice to hear your spouse instead of saying "what" 20 times a day or pretending to know what they said? We often say, "oh that's selective hearing" and laugh it off. In reality it could be a hearing loss. Make an appointment at one of our two convenient locations in Prescott or Prescott Valley to determine if you have a hearing loss. Start 2025 off on the right ear!



PRESCOTT
Hearing Center
Simply better, from the start.

928-899-8104 www.prescotthearing.com

3108 Clearwater Drive, Ste B2, Prescott, AZ 86305

7762 E Florentine Rd, Ste D, Prescott Valley, AZ 86314



DOUG



PAULA



If you would like to advertise with us & help support the community, call 928-778-3000 for rates!



BRONZE BUSINESS MEMBER

The Grand Canyon Education Academy provides financial education programs for companies and organizations that want their people to enjoy a more financially secure future. When employees and members are more sure of their future and working toward their goals through a sound game plan, they are more productive in the workplace.

Our Financial Literacy workshops cover a wide variety of informative, inspiring and enjoyable topics for one and all, including, but not limited to:

- Social Security Explained
- Social Security Claiming Strategies
- Women Approaching Retirement and Beyond
- Social Security for Divorced Women
- Retirement Basics for Women
- Strategies for a Lifetime Income in Retirement
- Exploring Your Options for a Quality Retirement
- Understanding 401K Rollovers
- Financial Blunders – Lessons We Never Learn
- I.D Theft
- Preparing for Long Term Care
- Taking Control of Your Cash – Eliminating Debt Tax Planning

Upcoming Social Security Seminars at The Center

www.thecenteroncrosser.org

Next classes:

January 16.....6:00pm

January 22.....6:00pm

February 4.....6:00pm

February 12.....6:00pm

February 26.....6:00pm

*Check the Center's Website
Calendar to verify
times and dates.*




www.grandcanyonedu.com

Advertisers & Info

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CHRIS A. INMAN
Attorney at Law

Chris@InmanLawAZ.com



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fax (928) 492-1099 | Prescott, Arizona 86301

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Steve Schott
Registered Representative
CA Insurance Lic. #0H23992

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Prescott, AZ 86305

928.776.1031 Phone
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The Center Staff

Kathy McFadden - CEO

Drew Barbaresi - Sr. Facilities & Events

Julia Rulla - Marketing & Communications

Caidie Edington - Admin Assistant

Follow us 😊



Hours

Monday - Thursday: 8:30 am - 5pm

Friday - 9:00 am - 2:00 pm

Saturday: By Event Sunday: Closed

Holiday Closures

January 1 - New Years' Day

January 20 - MLK Day

Board of Directors

Ana Maria Fraijo - President

Sherry Huffman - Vice President

Irene Winter - Treasurer

Helene Schaffer - Secretary

Becky Cochell - Member

Mary Ann Suttles - Member

Irene Beitz - Member



The Center

1280 E. Rosser Street

Prescott AZ 86301 | 928-778-3000

www.thecenteronrosser.org