

# The Center Piece

DECEMBER 2024



**COMING IN 2025!**

*February*

Senior Referral  
Network

*March*

Easter Bazaar  
& Family Fun Day

*April*

Volunteer  
Appreciation Event



# Merry Christmas

*and*

**HAPPY NEW YEAR**

## ON THE INSIDE

- Holiday Craft Fair
- Kid's Klostet Fundraiser
- The Center Annual Meeting
- Art Classes for December



The Center will be closed from  
December 23 until January 2, 2025  
for the Holiday Season.



# From the CEO



As we draw near to the close of another wonderful year, we want to take a moment to reflect on the incredible journey we've shared together.

Your unwavering support and active participation have been the driving force behind everything we do at The Center. From your involvement in classes and activities to the connections you've fostered and the kindness you've shared, you have made this community vibrant and welcoming for everyone who walks through our doors. Thank you for being the heart of The Center and for inspiring us each day to grow and do more.

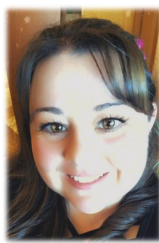
This past year has been filled with remarkable accomplishments, and it's all because of you. Whether it's the growth in our membership, the success of our craft and health fairs, the joy of Bingo nights, or the community events that brought people together, your enthusiasm has fueled it all. We've seen friendships blossom, skills sharpened, and memories made—all thanks to the incredible community spirit you bring to The Center. We are so grateful for everything you contribute to make this a special place for everyone.

As we look ahead to 2025, we are excited to announce that we have even more in store for you. The new year will bring fresh activities, exciting events, and additional opportunities to connect, learn, and grow.

We're expanding our class offerings, bringing back beloved traditions, and introducing innovative programs that we hope will delight and inspire you. Together, we'll continue to build on the strong foundation we've created and make the upcoming year even more memorable.

Please mark your calendars for our Big Annual Christmas Show on December 13 and 14. This festive event will feature free photos with Santa, not just for your family but for your beloved pets too! We're also thrilled to provide free toys for children, ensuring that the magic of the season is felt by all. We hope you'll join us for this joyful celebration and help us make it a highlight of the year.

As a reminder, The Center will be closed from December 23 through January 1 to allow our staff and volunteers to enjoy the holiday season with their loved ones. We'll reopen in the new year, refreshed and ready to welcome you back for all the exciting things we've planned.



From all of us at The Center, we wish you and your loved ones a very Merry Christmas and a Happy New Year. May your holiday season be filled with joy, peace, and the warmth of family and friends. Thank you for being an essential part of our community. We can't wait to see what we will accomplish together in the year ahead.

With heartfelt gratitude,

*Kathy McFadden*



# Business Member News & Events



Your friends at APS wish you all a Very Merry Christmas and a Happy Everything!



### Prescott Caregivers Needed!

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**LAS FUENTES RESORT VILLAGE**  
A SENIOR LIVING COMMUNITY

### Open House!

Visit us for Open House on Tuesdays and Thursdays from 1-3pm. Enjoy a tour & a cookie! 1035 Scott Drive in Prescott



We are currently hiring for a Front Desk Patient Care Coordinator. Please email your resume to [denice@prescotthearing.com](mailto:denice@prescotthearing.com) or

### Ho-Ho-Hoedown

December 12, 2-5pm  
Live music, cocktails & Santa!



### Holiday Cheer Open House

December 14 from 1-3  
Tour our new model homes!  
RSVP by 12/10-928-515-2333



## Executive Platinum

## Platinum



Dignity Health.  
Yavapai Regional Medical Center

## Gold

## Silver



**LAS FUENTES RESORT VILLAGE**  
A SENIOR LIVING COMMUNITY

## Bronze



2024 Business Members





## ATTENTION CENTER MEMBERS

Meeting Notices were emailed and/or mailed to our members on November 18, 2024. For anyone who did not receive the notice (email or physical addresses may not have been updated), we wanted to make sure you know that voting ballots are available at The Center at the front desk.

When you arrive, you will be checked in as a member, so you can fill out your ballot and drop it in the Ballot Box in the reception area.

Candidate profiles are included with the ballot.

Center Hours:  
8:30 am - 4 pm, Mon - Thu &  
8:30 am - 2 pm on Friday

**We look forward  
to seeing you there!**

# Annual Members Meeting

### WHEN

Wednesday, December 18, 2024  
10:00am - 11:30am

### WHERE

The Center  
1280 E. Rosser Street | Prescott

### CURRENT BOARD MEMBERS

Ana Maria Fraijo - President  
Sherry Huffman - Vice President  
Irene Winter - Treasurer  
Helene Schaffer - Secretary  
Becky Cochell - Member  
Mary Ann Suttles - Member  
Irene Beitz - Member



# The Kid's Kloset



This will be a place where families can find things such as a seasonally appropriate coat, a pair of shoes that fit, school supplies and books, developmental toys, or other items that a child living in poverty might need. We're looking for high-quality new and like-new, donated items appropriate for children, ages newborn to 12 years old. Please help us stock The Kids' Kloset, either through direct donations or by hosting a collection drive at home or at work. You can donate online at: [Donate | The Center \(thecenteronrosser.org\)](https://www.thecenteronrosser.org/donate)

Thank you for your support!

**Don't miss our Kid's Kloset Annual Fundraiser on February 26!**

## Help Support The Center

### Shop at Fry's this Holiday!

When you shop at Fry's, they will make a donation to The Center! You can pick up the step-by-step instructions at the front desk at The Center, or download a copy from our website at [thecenteronrosser.org](https://www.thecenteronrosser.org). Go to the About tab, Donate section, and click on the Fry's logo!



## Happening in December



- 12/7 ..... Dance Party w/Ronnie
- 12/10 ..... Page Turners Book Club
- 12/13 ..... Holiday Craft Fair
- 12/14 ..... Holiday Craft Fair
- 12/18 ..... Center Annual Meeting
- 12/19 ..... Bingo Christmas Party
- 12/20 ..... Bridge Potluck & Game
- 12/23 ..... CLOSED until 1/2/25

## The Page Turners Book Club



**Next Club Meeting  
December 10 @ 1:30 pm**



# December Events & Activities

Day	Program/Activity	AM/PM	Members
<b>THE CENTER WILL BE CLOSED ON DECEMBER 23 - 31 &amp; JANUARY 1 - NO CLASSES WILL BE HELD</b>			
<b>MONDAY</b>	Movin' w/June (Cancelled 12/23 & 12/30)	8:30 AM	\$8
	In the Middle Line Dance w/Cindy (Cancelled 12/23 & 12/30)	9:30 AM	\$8
	Strength & Balance w/Joy (Cancelled 12/23 & 12/30)	9:30 AM	\$9
	Hand & Foot Canasta (Cancelled 12/23 & 12/30)	12:00 PM	\$5
	ACBL Sanctioned Bridge (Cancelled 12/23 & 12/30)	12:00 PM	\$7
	Non-Sanctioned Bridge (Cancelled 12/23 & 12/30)	12:00 PM	\$6
	Integrated Exercise Yoga/Qigong/Pilates w/Roma (Cancelled 12/2, 23 & 30)	12:15 PM	\$8
	<b>Raskins Jewelers - Cleaning &amp; watch repair (Next Date in January of 2025)</b>	12:30 PM	FREE
	Tai Chi & Qigong w/Roma (Cancelled 12/23 & 12/30) In Game Rm 12/16	1:30 PM	\$8
	Beginning Radical Rebounding w/Dr. Kimberley (Cancelled 12/23 & 12/30)	2:15 PM	\$25
	Intermediate Radical Rebounding w/Dr. Kimberley (Cancelled 12/23 & 12/30)	3:00 PM	\$25
<b>TUESDAY</b>	All Levels Yoga w/Katy (Cancelled 12/24 & 12/31)	8:40 AM	\$9
	Meditation w/Peg (Cancelled 12/24 & 12/31)	9:00 AM	\$5
	Strength & Balance w/Joy - 1 Hour (Cancelled 12/24 & 12/31)	9:00 AM	\$9
	Balance Tai Chi Movements w/Joy - 30 minutes (Cancelled 12/24 & 12/31)	10:00 AM	\$5
	Basic Beginner Line Dance w/CindyLou (Cancelled 12/24 & 12/31)	10:00 AM	\$8
	Weights w/Balls & Chair w/Katy Kolasa (Cancelled 12/24 & 12/31)	10:00 AM	\$9
	Tai Chi Chuan w/Bryan (Cancelled 12/24 & 12/31)	10:30 AM	\$8
	Chair Yoga w/Joy (Cancelled 12/24 & 12/31)	11:15 AM	\$9
	ACBL Sanctioned Bridge (Cancelled 12/24 & 12/31)	12:00 PM	\$7
	Lunch & Learn w/Desert Fin. - 'Wealth Management' (Cancelled 12/31)	1:15 PM	Free
	The Page Turners Book Club (12/10)	1:30 PM	Free
	Intermediate Line Dance w/Barb (Cancelled 12/24 & 12/31)	3:00 PM	\$8
<b>WEDNESDAY</b>	Strength & Balance w/Joy (Cancelled 12/25 & 1/1)	9:30 AM	\$9
	Mat Pilates w/Denise (Cancelled 12/25 & 1/1)	10:30 AM	\$8
	Center Annual Meeting	10:30 AM	Free
	All Levels Yoga w/Katy (Cancelled 12/25 & 1/1)	11:00 AM	\$9
	ACBL Sanctioned Bridge (Cancelled 12/25 & 1/1)	12:00 PM	\$7
	Chef Demo with Chef Caleb - (12/11)	2:30 PM	Free
	Beginning Radical Rebounding w/Dr. Kimberly (Cancelled 12/25 & 1/1)	4:45 PM	\$25
	Intermediate Radical Rebounding w/Dr. Kimberly (Cancelled 12/25 & 1/1)	5:30 PM	\$25

Non-Member Price for Activities \$ 10 Non-Member for Bridge \$10.50 to \$ 12

\*Activities in BLUE are our Basic Fitness Classes. All other classes are Premium.



Day	Program/Activity	AM/PM	Member Fee
<b>THE CENTER WILL BE CLOSED ON DECEMBER 23 - 31 &amp; JANUARY 1 - NO CLASSES WILL BE HELD</b>			
<b>THURSDAY</b>	Strategic Network Partners (Cancelled 12/26)	7:30 AM	Free
	All Levels Yoga w/Katy (Cancelled 12/26)	8:40 AM	\$9
	Lower Body w/Back & Core Strength w/Joy - 1hr (Cancelled 12/26)	9:00 AM	\$9
	Strength & Balance Class w/Joy - 30 Minutes (Cancelled 12/26)	10:00 AM	\$5
	Beginner Line Dance w/Sandi (Cancelled 12/26)	10:00 AM	\$6
	Tai Chi Chuan w/Bryan (Cancelled 12/26)	10:30 AM	\$8
	Blood Pressure Checks (12/12)	10:45 AM	Free
	<b>Bingo Christmas Party (12/19)</b>	12:00 PM	Free
	BINGO - Games start at 1:30 pm, Doors open at Noon (Cancelled 12/26)	12:00 PM	Per Game
	Chair Yoga w/Joy (Cancelled 12/26)	12:00 PM	\$9
	Hand & Foot Canasta (Cancelled 12/26)	12:00 PM	\$5
	American Mahjonnig - Beginners Welcome (Cancelled 12/26)	1:00 PM	\$5
	Hot Hula Fitness NEW CLASS (Cancelled 12/26)	5:30 PM	\$5
<b>FRIDAY</b>	<b>HOLIDAY CRAFT FAIR EVENT (12/13)</b>	9:00 AM	FREE
	Movin' w/June (Cancelled 12/6, 13 & 27)	9:00AM	\$8
	ZUMBA Gold w/Kay (Cancelled 12/13 & 27)	10:15 AM	\$8
	<b>Bridge Christmas Potluck &amp; Special Game (12/20)</b>	11:00 AM	\$8
<b>SA/SU</b>	Balance & Stretch w/Katy (Cancelled 12/13 & 27)	11:15 AM	\$8
	<b>HOLIDAY CRAFT FAIR EVENT (Saturday, 12/14)</b>	9:00 AM	FREE
	Ronnie Dance (Saturday, 12/7)	6:30 PM	\$15/\$40
	Union Church Services (Sundays)	10:00 AM	Free

\*Activities in BLUE are our Basic Fitness Classes. All other classes are Premium.

**Non-Member Price for Activities \$ 10    Non-Member for Bridge \$ 10.50 to \$ 12**



**NOTICE OF CLOSURE**  
 The Fitness Center will be closed on December 12 & 13 for the Holiday Craft Fair.  
 Thank you for your cooperation.



## December Art Classes w/Corinna

### Bob Ross Class

December 20 from 9a-12p

\$85 - Reservation Required

928-778-3000



### Acrylics Class - \$25

December 21 from 9-10:30am



## Coming in 2025!

# BINGO!

In addition to Thursdays, we'll have Monday Night Bingo! Doors open at 4:45pm - Games start at 5:45 pm.  
Starting Date: January 6

Learn or brush up on Word, Excel, PowerPoint, Publisher & Outlook! Classes start in February (weather permitting). Keep your eye on our online calendar for details.





# Advertisers & Info



Call us today to  
reserve your space!  
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## Ad Size & Monthly Rate

Business Card Size (2" x 3 1/2").....	\$50
Quarter Page (3 1/2" W x 4 1/4" H) .....	\$75
Half Page Vertical (3 1/2" x 8 1/4") .....	\$140
Half-Horizontal (7 1/4" x 4 1/4") .....	\$140
Full Page Vertical (7 1/4" x 8 1/4") .....	\$175
Full Page Insert (8 1/2" x 11") .....	\$250

- Customer provides 700 copies to be inserted
- No cardstock, photo or heavy paper
- May be color or black & White & may be one or two-sided
- Copies must be delivered to The Center by the 20th of the month

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## BRONZE BUSINESS MEMBER

The Grand Canyon Education Academy provides financial education programs for companies and organizations that want their people to enjoy a more financially secure future. When employees and members are more sure of their future and working toward their goals through a sound game plan, they are more productive in the workplace.

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- Retirement Basics for Women
- Strategies for a Lifetime Income in Retirement
- Exploring Your Options for a Quality Retirement
- Understanding 401K Rollovers
- Financial Blunders – Lessons We Never Learn
- I.D Theft
- Preparing for Long Term Care
- Taking Control of Your Cash – Eliminating Debt Tax Planning

**Upcoming  
Social Security Seminars  
at The Center**

[www.thecenteronrosser.org](http://www.thecenteronrosser.org)

**Next classes in January:**

**January 17.....5:30pm**

**January 23.....5:30pm**

*Check the Calendar on The Center's Website to verify times and dates.*



[www.grandcanyonedu.com](http://www.grandcanyonedu.com)


# Advertisers & Info



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### The Center Staff

Kathy McFadden - CEO  
Tawnie Beraudo - Admin & Events  
Paige Sanderson - Evening Receptionist  
Julia Rulla - Marketing & Communications  
Drew Barbaresi- Senior Facilities & Events  
Cole Guffey - Facilities & Events

### Board of Directors

Ana Maria Fraijo - President  
Sherry Huffman - Vice President  
Irene Winter - Treasurer  
Helene Schaffer - Secretary  
Becky Cochell - Member  
Mary Ann Suttles - Member  
Irene Beitz - Member

Follow us 😊



### Hours

Monday - Thursday: 8:30 am - 5pm  
Friday - 8:30 am - 2:00 pm  
Saturday: By Event Sunday: Closed

### Holiday Closures

December 23 - 31- Christmas  
January 1 - New Years' Day



### The Center

1280 E. Rosser Street  
Prescott AZ 86301 | 928-778-3000  
[www.thecenteronrosser.org](http://www.thecenteronrosser.org)