

The Center on Rosser

# The Center Piece

Prescott, AZ

May 2026



## Pawesome Pet Fair May 15th & 16th 10am-3pm

The Pawesome Pet Fair is almost here and we're PAWSITIVELY PUMPED!

Join us for two fun-filled days with all your favorite animals, furry, feathered, scaly, and more! Enjoy Pups on the Patio, a costume parade with prizes, adoptions, a petting farm, shopping, bounce houses, and tasty treats. Don't miss it, bring the whole family for a weekend of fun, smiles, and maybe even a new best friend. As always - FREE ADMISSION!



## First Responders Lunch

The Center proudly gives back to the first responders who serve our community every day on **July 22**. As a small token of our appreciation, we host a special complimentary lunch (available for dine-in or delivery) to say thank you for all they do. This event is free for all first responders and their families, and open to the general public for just \$10 per person.

Interested in supporting this meaningful event? Sponsorship opportunities are available!



## Summer Block Party

Mark your calendars for **July 25th** and join us for our Summer Block Party. A free, family-friendly celebration filled with games, music, great food, and fun for all ages! Join us as we celebrate community, connection, and summer fun together.

We're currently seeking sponsors and community partners to help make this event possible, don't miss the chance to be part of something special!

## WHAT'S INSIDE-

MESSAGE FROM THE CEO - MEALS ON WHEELS MENU -UPCOMING DANCES NEW EVENTS- VOLUNTEER OPPORTUNITIES

**The Center will be closed May 25 for Memorial Day**

## Message from the CEO

As we welcome the month of May, I want to take a moment to reflect on the incredible support our community continues to show The Center.

First and foremost, a heartfelt thank you to everyone who donated eggs, candy, and their time to help fill thousands of eggs for our Easter event, as well as the volunteers who showed up early, stayed late, and helped make the day run smoothly. Because of you, our Easter Fair was once again a tremendous success. Families, children, and seniors alike were able to enjoy a day filled with joy, connection, and celebration—and none of it would have been possible without your generosity and dedication.

May also brings us Mother's Day, a time to honor the incredible women who have shaped our lives with love, sacrifice, and strength. At The Center, we are especially grateful for the mothers, grandmothers, and mother-figures in our community who continue to pour into others while also supporting spaces like ours. We hope each of you feels deeply appreciated this month—not just on Mother's Day, but every day.

Looking ahead, we are excited to invite you to our upcoming Pet Fair. This event has quickly become a favorite in our community, bringing together local vendors, pet lovers, and families for a fun and meaningful weekend. More importantly, events like this directly support The Center. When you attend, participate, or bring a friend, you are helping sustain programs, classes, and services that so many in our community rely on.

I also want to share something important with transparency and gratitude. *The Center does not receive city, state, or federal funding to operate. We are sustained entirely through memberships, rentals, classes, donations, and community events.* That means every membership purchased, every room rented, every vendor booth filled, and every event attended directly contributes to keeping our doors open.

The reality is simple: without this ongoing community support, The Center could not continue to offer the programs, social connection, and resources that so many people depend on each day. From fitness classes and educational seminars to community meals, volunteer opportunities, and outreach programs, everything we do exists because of you.

As we move into the summer season, we remain committed to growing thoughtfully, serving responsibly, and continuing to create a space where people of all ages can connect, learn, and belong.

Thank you for believing in The Center and for standing with us. We look forward to seeing you at the Pet Fair and throughout the many events and activities coming this month.

With Gratitude

*Kathy*

The Center CEO



90s

The Center on Rosser Presents



# SUMMER BLOCK PARTY

FREE  
ENTRY

& Craft Fair

SATURDAY, JULY 25TH

10am - 3pm

Join The Center for a totally rad day of fun in the sun and throwback nostalgia!

Get ready for a day packed with games, a petting farm, foam party fun, prizes, music, delicious food, and a little shopping!

Plus — the first 100 kids will receive a FREE backpack filled with school supplies

Bring the whole family and come make some unforgettable memories!

Thank you to our local sponsors!



Limited vendor spots available!  
Interested in sponsoring?  
Contact Morgan:  
928-778-3000 ext 104



1280 E. Rosser St, Prescott

# BUSINESS MEMBERS NEWS & EVENTS

**Grand Canyon  
Education Academy**

The Grand Canyon Education Academy provides financial education programs for companies and organizations that want their people to enjoy a more financially secure future.

Social Security Seminar -

May 13 & 14 - June 9 & 17 - July 14 & 22

**YAVAPAI  
CASINO** PRESCOTT

**Bucky's  
CASINO**  
Prescott, Arizona

May is packed with high-energy excitement at Bucky's and Yavapai Casinos—starting with a festive Cinco de Mayo. Enjoy Slots Hot Seats with up to \$500 in cash prizes and Table Games Smash for Cash with piñata prizes up to \$150 in chips. Savor Taco Tuesday at the Yavapai Cantina and \$14 Mexican favorites at The Grey Room, served noon to 8 p.m., Celebrate Mother's Day on May 10th with \$100 Gift Certificate Hot Seats for moms and a Buy One Get One Mother's Day Brunch special offered at both casinos from 8 a.m. to 4 p.m. Keep the momentum going through Memorial Day Weekend with nonstop Slots and Table Games Hot Seats, May 25th drawings at 6 p.m., where one winner at each casino will receive a \$500 gift card to The Home Depot. Double the Rush, all month long. Visit buckycasino.com for details. Must be 21 or older. Problem Gambling? Call 1-800-NEXT-STEP..

Arizona Home Loans  
**Frontier Financial**  
Home of the Loan Arrangers of Arizona

**Reverse Mortgage Lunch & Learn**

**Yavapai Title**

1235 E. Gurley St, Prescott

Tuesday, June 16, 2026

**PRESCOTT  
Hearing Center**  
Simply better, from the start.

Prescott Hearing Offers Free Hearing Assessments and devices for hearing better with the TV and your phone.

Call Prescott Hearing for your FREE Hearing Assessment  
928-899-8104



**SENIOR  
REFERRAL  
NETWORK**

**Taco Tuesday**  
Tuesday, May 12, 2026  
5:00pm-7:00pm  
The Center  
Free Admission

**Assisteo  
Hospice**

Your Hometown Hospice Care  
928-277-1345  
assisteohealth.com

**AARP**®

Welcome to our new 2026 business member - AARP is leading a revolution in the way people view and live life after 50.

2026 Business Members

Diamond



Executive Platinum



Gold



Silver



Bronze



The Center **Wishlist** The Center

Every donation helps us provide events, classes, and meaningful support for our members and the local community - **Thank you for making a difference.**

**Pawesome Pet Fair Donations Needed:**

- Raffle Items
- Contest Winner Prizes
- Volunteers

**The Center Donations:**

- 40 - 8' Tables
- 30 - 6' Tables
- 10 - 4' Tables
- Window Blinds (narrow) - Studio Room

**Kid Klost Donations:**

- New School Supplies
- New Clothes - all ages
- New Toys - all ages
- Storage Containers (Large Totes)

**Back to School Drive**

Help Local Kids Start the School Year Strong!  
The Center is proud to host our annual School Supply Drive to support local children and families through our Kids Klost Program.  
**Now through July 30th**

**Donations Needed:**

- Backpacks
- Notebooks (wide & college ruled)
- Folders (plastic & paper)
- Pencils & pens
- Crayons & colored pencils
- Markers & highlighters
- Glue sticks
- Scissors
- Rulers
- Pencil boxes/pouches
- Erasers
- Kleenex / Lysol Wipes

Last year, YOU helped us provide school supplies to over 180 local students. Let's come together and help even more children feel confident and prepared this year!

**Other ways to support:**

- Ways to Help:
- Donate supplies
- Host a drive at your business
- Become a sponsor
- Volunteer with us

Thank you for your support!



Questions: Contact us at 928-778-3000

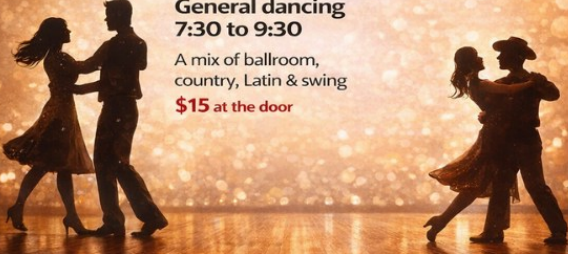
# DANCING AT THE CENTER

*Dance!*  
AT THE CENTER OF PRESCOTT

**MAY 8**

**Jenell Maranto**  
✓ Two-time U.S. Pro Smooth Champion  
✓ Finalist in U.S. International Champions  
✓ Top 6 in the World Showdance

**Waltz lesson**  
6:30 to 7:30  
**General dancing**  
7:30 to 9:30  
A mix of ballroom, country, Latin & swing  
**\$15 at the door**



1280 E. Rosser St., Prescott, AZ 86301

## Saturday Night Dance

with Ronnie DeBenedetta & Pam Ford

Saturday  
May 16 -

6:30-7:15pm Class  
7:15-10:00pm Open Dance  
with DJ Butch Viola

\$15 Per person

COMMUNITY  
**LINE DANCE PARTY**  
YOU'RE INVITED TO  
HOSTED BY **BETH RABER**  
LINE DANCE INSTRUCTOR



SATURDAY    MAY 30    6PM-10PM

@ THE CENTER  
1280 E. Rosser Street, Prescott

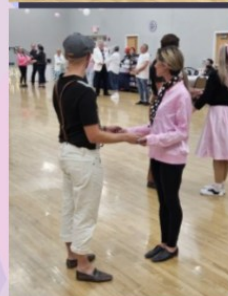
TO PRE-BUY TICKETS, GO TO:  
[www.thecenteronrosser.com](http://www.thecenteronrosser.com)

**\$10 ADULTS \$5 AGES 17 & UNDER**

TICKET PRICE AT THE DOOR:  
**\$12 ADULTS \$6 AGES 17 & UNDER**

Message Beth for song/dance requests  
928-848-0625 DM on FB or IG

You're welcome to bring drinks and snacks.



1950s

## SOCK HOP

Thank you to everyone who attended our Annual Sock Hop! We had such a great time and are already looking forward to next year.

*A special thank you to the Bees Knees for leading the fun and keeping everyone dancing all night!*

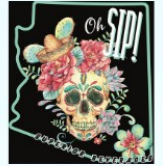
The Center Staff





# PAWESOME Pet Fair

May 15 & 16 • 10am-3pm



Thank you to our sponsors!



Findlay Subaru  
of Prescott



- 🐾 Petting Farm
- 🐾 Local Vendors
- 🐾 Bounce House
- 🐾 Paws on the Patio
- 🐾 Pet Costume Contest

## New Classes at The Center



### Mind-Body Reset Walk: Wed & Fri - 9:30-10:30am

Join us for a morning walk. Mindfulness walking around our 1/4 trail. Get grounded and centered with walking, gentle stretching, and social connection. Bring a hat, sunglasses, and sunscreen! Meet at the Front Desk. As much as we love dogs, this may not be the right class to bring them.



### Gentle Chair Stretch & Meditation- Wed & Fri. 10:45am-11:45am

Enjoy gentle, seated stretches and light strength exercises using a chair for support. This class focuses on low-impact movement, mindful breathing, and guided meditation to promote relaxation and overall well-being.,

### Writing Club: Wed. 12pm -1pm



A relaxed writing group where participants can bring personal writing projects or respond to optional prompts. The class includes quiet writing time with optional sharing in a supportive and encouraging environment. \*\*Bring a notebook/journal/laptop.

### © Creative Doodling - Fri. 12-1pm

Give yourself permission to play and explore your creativity! This class encourages curiosity and self-expression, allowing your creativity to flow freely. Art experience is not required, only an open mind and willingness to try something new.

Classes are free to Standard & Premium Members. \$3 for all other members.



**Roll the dice and get your tickets today!**

**SATURDAY, AUGUST 22, 2026**

**The Center | 1-4pm**

**\$30 in advance \$40 at door**



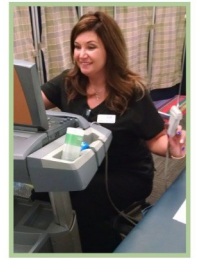
**Get Your Tickets Now!**  
[www.thecenteronrosser.org](http://www.thecenteronrosser.org)

Opportunities for sponsorships and in-Kind donations are gratefully welcomed to help make this event successful! Contact Morgan Swift at [mswift@adultcenter.org](mailto:mswift@adultcenter.org) or 928-778-3000

The Center is a non-profit membership organization in Prescott, providing opportunities for social interaction, education, fitness, and facility rentals.



Quick, painless ultrasound testing  
Detects early signs of heart disease,  
stroke, cancer, and more



## LEARN YOUR RISK...

**Tuesday, June 30, 2026**  
The Center 1280 East Rosser  
Prescott  
*(back auditorium)*

Schedule your screening today at:  
<https://06302026.youcanbook.me>

Or Scan this QR code



Or call 602-254-7130 to schedule an appointment today!

***Pain-free, 45 minutes, immediate results – stay healthy!***

- Our Comprehensive Screening is \$220.
- We also check blood pressure, pulse and blood oxygen level.
- A report complete with images is immediately provided.

For more information, visit [www.rightpathscreenings.org](http://www.rightpathscreenings.org)



## Vitality, Mobility & Pain Management Wellness Class Series

In this 4-part series you will learn:

- How to address health concerns such as headaches, joint & muscle pain, stress, inflammation, and lack of focus using sustainable wellness tools that you can put into practice following the first session.
- Simple diet modifications, stretching daily movement practices that can offer you tools to help you achieve your wellness goals.
- How to Increase the strength and mobility of muscles and joints.
- How to use a therapy tool (included in price) with targeted protocols for your head, neck, arms and legs.

Cost: \$65 for members \$80 for Non-Members  
Includes Gua Sha tool

**Interested in classes  
this summer?  
Sign up at the Front  
Desk.**

Closed May 25—Memorial Day

May Events & Activities

Day	Program/Activity	AM/PM	Members
MONDAY	Movin' w/June - Cancelled 5/25	8:30 AM	\$8
	In the Middle Line Dance w/Cindy Cancelled 5/25	9:30 AM	\$8
	Strength & Balance w/Joy Cancelled 5/25	9:30 AM	\$9
	Zumba w/Kay Cancelled 5/25	11:30AM	\$8
	Hand & Foot Canasta Cancelled 5/25	12:00 PM	\$5
	ACBL Sanctioned Bridge Cancelled 5/25	12:00 PM	\$8
	Non-Sanctioned Bridge Cancelled 5/25	12:00 PM	\$8
	Integrated Exercise Yoga/Qigong/Pilates w/Roma Cancelled 5/25	12:15 PM	\$8
	Raskins Jewelry 5/11	12:30 PM	Free
	Tai Chi & Qigong w/Roma Cancelled 5/25	1:30 PM	\$8
TUESDAY	All Levels Yoga w/Katy	8:40 AM	\$9
	Meditation w/Peg	9:00 AM	\$5
	Strength & Balance w/Joy - 1 Hour	9:00 AM	\$9
	Balance Tai Chi Movements w/Joy - 30 minutes	10:00 AM	\$5
	Basic Beginner Line Dance w/CindyLou	10:00 AM	\$8
	Weights & Balls on Chair w/Katy Kolasa	10:00 AM	\$9
	Cribbage	10:00 AM	\$5
	APS Customer Open House 5/19	10:00 AM	\$10
	Tai Chi Chuan w/Bryan	10:30 AM	\$8
	ACBL Sanctioned Bridge	12:00 PM	\$8
	Intermediate Line Dance w/Barb 5/12 Early Start	3:00 PM	\$8
	Self Defense Class — 5/5	4:00 PM	\$3
	Senior Referral Network—5/12	5:00 PM	Free
	Intermediate Progressive 2-Step w/Ronnie	6:30 PM	\$15
Intermediate West Coast Swing w/Ronnie	7:30 PM	\$15	
WEDNESDAY	Strength & Balance w/Joy	9:30 AM	\$9
	Mind-Body Reset Walk — Meet at Front Desk (Free to Standard and Premium)	9:30 AM	\$3
	Tai Chi w/ Larry - 24 forms	10:15 AM	\$8
	Grief Support Group	10:30 AM	Free
	Chair Stretch & Meditation	10:45 AM	\$3
	All Levels Yoga w/Katy	11:00 AM	\$9
	Zumba with Kay	11:30 AM	\$8
	Writing Club—(Free to Standard and Premium)	12:00PM	\$3
	ACBL Sanctioned Bridge	12:00 PM	\$8
	AZ Territorial Society- Route 66 Centennial — 5/20	1:00 PM	Free
	Full Body Fitness - Latin Dance Based Exercise	5:00 PM	\$7
	Beginning Line Dancing - Beth Raber - \$10 Per Person	6:00 PM	\$10
	Intermediate Line Dancing - Beth Raber - \$10 Per Person	7:00 PM	\$10
	Social Security Seminar - 5/13	6:00 PM	Free

Non-Member Price for Activities \$15

\*Activities in BLUE are our Basic Fitness Classes. All other classes are Premium.

Day	Program/Activity	AM/PM	Member Fee
THURSDAY	Strategic Network Partners	7:30 AM	Free
	Movin w/June	9:00 AM	\$8
	All Levels Yoga w/Katy	8:40 AM	\$9
	Strength & Balance w/Joy - 1hr	9:00 AM	\$9
	Balance Tai Chi Movements w/Joy - 30 Minutes	10:00 AM	\$5
	Beginner Line Dance w/Sandi	10:00 AM	\$6
	Tai Chi Chuan w/Bryan	10:30 AM	\$8
	BINGO - Games start at 1:30 pm, Doors open at Noon	12:00 PM	Per Game
	Hand & Foot Canasta	12:00 PM	\$5
	American Mahjongg - Beginners Welcome	1:00 PM	\$5
	Tai Chi w/Larry - Yang Style—108 Form or 42 Combination Form	4:00 PM	\$8
	Social Security Seminar — 5/14	6:00 PM	FREE
FRI.	Mind-Body Reset Walk— Meet at Front Desk (Free to Standard and Premium) Cancelled 5/15	9:30AM	\$3
	Gentle Chair Stretch — (Free to Standard and Premium)Cancelled 5/15	11:00AM	\$3
	Creative Doodling— (Free to Standard and Premium) Cancelled 5/15	12:00PM	\$3
	Friday Night Ballroom Dance w/Chad & Marie— 5/8	6:30 PM	\$15
	Pawesome Pet Fair—5/15	6:00PM	\$10
S/S	Pawesome Pet Fair— 5/16	10:00AM	FREE
	Saturday Night Dance with Ronnie - 5/16	6:30PM	\$15
	Line Dance Social with Beth Raber—5/30	6:30 PM	\$10
	Union Church Services (Sundays)	10:00 AM	Free

Non-Member Price for Activities \$15

\*Activities in BLUE are our Basic Fitness Classes. All other classes are Premium.

### Closed May 25—Memorial Day



Subject to cancellations- Check our website for updates-www.thecenteronrosser.org



# We're in your corner.

People today can spend nearly half their lives over the age of 50. That's a lot of living. So, it helps to have a wise friend and fierce defender like AARP in your community.

Find us at [aarp.org/az](http://aarp.org/az).

 /aarparizona

 @AZ\_AARP



Vicki Holmes  
Community Outreach Specialist  
928.830.4744  
[vicki.holmes@devoted.com](mailto:vicki.holmes@devoted.com)  
[www.devoted.com](http://www.devoted.com)



*Raspkins Jewellery*

*Monday, May 11th  
12:30pm*

Complimentary jewelry cleaning & watch battery replacement\*

\*Only available at The Center on Rosser.



**Marla Stiles**  
Director of Transitional Care



## Your Hometown Hospice Care



# 928.277.1345

 [assisteohealth.com](http://assisteohealth.com)

 [facebook.com/AssisteoHealth](https://facebook.com/AssisteoHealth)



## BRONZE BUSINESS MEMBER

The Grand Canyon Education Academy provides financial education programs for companies and organizations that want their people to enjoy a more financially secure future. When employees and members are more sure of their future and working toward their goals through a sound game plan, they are more productive in the workplace.

Our Financial Literacy workshops cover a wide variety of informative, inspiring and enjoyable topics for one and all, including, but not limited to:

- Social Security Explained
- Social Security Claiming Strategies
- Women Approaching Retirement and Beyond
- Social Security for Divorced Women
- Retirement Basics for Women
- Strategies for a Lifetime Income in Retirement
- Exploring Your Options for a Quality Retirement
- Understanding 401K Rollovers
- Financial Blunders – Lessons We Never Learn
- I.D Theft
- Preparing for Long Term Care
- Taking Control of Your Cash – Eliminating Debt Tax Planning

**Upcoming  
Social Security Seminars  
at The Center**

[www.thecenteronrosser.org](http://www.thecenteronrosser.org)

**All Seminars at 6:00 pm**

**May 13 & 14**

**June 9 & 17**

**July 14 & 22**



[www.grandcanyonedu.com](http://www.grandcanyonedu.com)

# Susan Drysdale, PhD

Specializing in Grief, Transition, and Loss Issues

Other areas of expertise:

*Depression, Anxiety, Relationship problems, Medical issues, Addictions, Senior Citizen issues, Stress-related symptoms*

[drsusanandrysdale@gmail.com](mailto:drsusanandrysdale@gmail.com)

[www.drsusanandrysdale.com](http://www.drsusanandrysdale.com)

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Download my Instacard



## Affordable House Call Notary

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Serving Yavapai County

Interested in advertising at  
The Center?

Ask us about our  
business  
memberships and  
become part of  
our local  
community  
today!



# May is Better Hearing Month!

**Are you aware that having a hearing loss  
can lead to an increased risk of falls?**

When people with hearing loss lack the ability to hear their environment, they may not be aware of potential dangers, such as a wet floor, stairs, or uneven surfaces. This can lead to falls that may result in serious injury. Hearing loss can also contribute to difficulty with balance.

As people age, their ability to sense their body's position in space, known as proprioception, can be impaired. When this occurs, it can be difficult to maintain balance and an increased risk of falling is possible. Treating hearing loss can help reduce the risk of falls. Hearing aids can help improve hearing and provide feedback to the wearer that can help improve balance.

Additionally, hearing aids can help pick up environmental sounds, such as the sound of a car, that the wearer may not have been able to hear without them, thus avoiding potential hazards. If you or a loved one have hearing loss, it is important to seek treatment to reduce the risk of falls.

**Call us today to schedule your hearing test at one  
of our convenient locations at 928-899-8104!**



# PRESCOTT Hearing Center

Simply better, from the start.

928-899-8104 [www.prescottheating.com](http://www.prescottheating.com)  
3108 Clearwater Drive, Ste B2, Prescott, AZ 86305  
7762 E Florentine Rd, Ste D, Prescott Valley, AZ  
86314



DOUG



PAULA





# May Menu

Phone: 928-445-7630  
 PrescottMealsOnWheels.org  
 See our menu online!  
 Serving lunch  
 Mon-Fri 11:15am - 12:45 pm

"Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Assistance and alternate forms of communication are available upon request under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the rehabilitation Act of 1973 and the Age Discrimination Act of 1975, NACOG Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. NACOG Aging must make a reasonable accommodation to allow a person with a disability to take part in Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities."

## Friday May 1

**ASIAN CHICKEN SALAD**  
 Mixed Greens,  
 Green Onion,  
 Carrots, Red  
 Cabbage, Mandarin  
 Oranges, Sesame  
 Seeds, Apples

## Monday May 4

**CHICKEN CORDON BLEU**  
 Dijon Cream  
 Sauce, Rice Pilaf,  
 Squash Medley,  
 Grapes

## Tuesday May 5

**MONGOLIAN BEEF**  
 Bell Peppers,  
 Green Onion, Stir  
 Fried Veggies,  
 Brown Rice,  
 Oranges

## Wednesday May 6

**CHILI RELLENO**  
 Pinto Beans, Summer  
 Squash Medley,  
 Tortillas, Applesauce

## Thursday May 7

**SAUSAGE BOLOGNESE**  
 Herbed Orzo Pasta,  
 Green Bean Medley,  
 Garlic Bread, Melon

## Friday May 8

**CHEESE ENCHILADAS**  
 Refried Beans,  
 Tomatoes, Lettuce,  
 Peppers, Onions,  
 Apricots

## Monday May 11

**TURKEY CLUB SANDWICH**  
 Bacon, Lettuce,  
 Tomato, Swiss  
 Cheese,  
 Cucumber Salad,  
 Plums and  
 Oranges

## Tuesday May 12

**BEEF AND MUSHROOMS**  
 Pasta Shells, Italian  
 Style Veggies,  
 Whole Wheat  
 Roll, Pineapple

## Wednesday May 13

**ITALIAN SAUSAGE**  
 Caramelized  
 Onions, Peppers,  
 Whole Grain Bun,  
 Three Bean Blend,  
 Applesauce

## Thursday May 14

**TERIYAKI CHICKEN**  
 Steamed Rice, Asian  
 Style Veggies, Green  
 Onion, Pears

## Friday May 15

**FISH AND CHIPS**  
 Breaded Cod, Oven  
 Fries, Tarter Sauce,  
 Kale Coleslaw, Fruit  
 Salad

## Monday May 18

**CHICKEN CASSEROLE**  
 Carrots, Peas,  
 Onions, Rice,  
 Whole Wheat  
 Biscuit, Peaches

## Tuesday May 19

**MEATBALL SUB**  
 French Bread,  
 Marinara,  
 Provolone,  
 Coleslaw,  
 Fruit Cocktail

## Wednesday May 20

**BBQ CHICKEN**  
 Baked Beans, Broccoli  
 and Cauliflower  
 Medley, Cornbread,  
 Pineapple

## Thursday May 21

**PORK LOIN**  
 Herbed Couscous,  
 Sweet Potatoes,  
 Whole Wheat  
 Biscuit, Applesauce

## Friday May 22

**LEMON CHICKEN**  
 Rice, Sweet and  
 Sour Cabbage,  
 Stir Fried  
 Veggies, Oranges

## Monday May 25

**CLOSED  
FOR  
MEMORIAL  
DAY**

## Tuesday May 26

**CLOSED  
FOR GOLF  
EVENT**

## Wednesday May 27

**CHICKEN TACOS**  
 Flour Tortillas,  
 Lettuce, Cheese,  
 Tomatoes,  
 Zucchini Medley,  
 Pears

## Thursday May 28

**BEEF BROCCOLI**  
 Steamed Rice,  
 Asian Style Mixed  
 Veggies, Green  
 Onion, Grapes

## Friday May 29

**COBB SALAD**  
 Turkey, Bacon, Egg,  
 Bleu Cheese,  
 Tomato, Croutons,  
 Whole Wheat Roll  
 Oranges



# First Responders Lunch July 22



## 11am- 2pm

Join us as we honor the men and women who serve our Prescott Quad-Cities community every day.

We're hosting a complimentary lunch for all First Responders and their families at The Center, our small way of saying thank you for everything you do to keep our community safe.

Can't make it? Let us know and lunch will be delivered to your station.

Interested in volunteering or sponsoring this event?  
Contact us at 928-778-3000 for more information.

Let's come together to show our appreciation for those who give so much to our community.



### Glenn Berkley

14747 Northsight Blvd  
Ste. 111-404  
Scottsdale, AZ 85260

Cell( 602) 451-0266  
glennberkley1@gmail.com  
facebook.com/

Berkley Medicare  
Insurance, LLC

## Cardinal Home Care

*Individualized Care Plans*

### Dave Hummel

Director of Care

Prescott (928) 642-4683

Mobile (480) 390-7305

Email: [dave@cardinalhomecare.com](mailto:dave@cardinalhomecare.com)

[www.CardinalHomeCare.com](http://www.CardinalHomeCare.com)

**LOCALLY OWNED**

Individualized Home Care Assistance Plans

We provide Non-Medical Caregivers

**“Are you looking for a caregiver  
for a loved one?”**

**Call for a free consultation**

***Mention this ad & receive a 10% discount off services***

### MISS KITTY'S CAT HOUSE

“New and Used Kittens and Cats  
For Loving, Forever Homes”



928-445-5411

[misskittyscathouse.com](http://misskittyscathouse.com)



302 North Alarcon Street - Prescott, AZ 86301



# SELF-DEFENSE CLASS

## Don't be a Victim

Practice a state of awareness and flexible thinking. Intentionally stimulate your awareness.

- Awareness
- Avoidance
- De-escalation
- Position
- Defend
- Escape

Presented by:  
Rafael Merle - 10<sup>th</sup> degree Black Belt

## 1ST TUESDAY OF EACH MONTH

### 4:00 PM - 5:00 PM

May 5th  
June 2nd  
July 7th  
August 4th



### Cost:

Free to Standard & Premium Members  
Basic Members - \$3  
Non-Members - \$15

Contact The Center for more information: 928-778-3000



# BINGO VOLUNTEERS NEEDED

As The Center expands to include Monday BINGO, we are looking for volunteers to help run our weekly Bingo games!

Experience is preferred, but not required—training is available on Thursdays between 11-4:30pm, and we're happy to teach you everything you need to know.

**CALLERS | PAPER SALES | CASHIER | MORE!**



**CONTACT MICHELLE FOR MORE INFO!**  
mbrien@adultcenter.org or 928-778-3000x105



*Join us!*

**May 20  
1:00 PM**

Route 66 - Centennial

Find the 2026 Schedule on:  
[thecenteronrosser.org](http://thecenteronrosser.org)

## Kids Klostet



**\$15,000**

Every day is an opportunity to give to Prescott families who need just a little extra help during this difficult season. Throughout the summer, we will continue to accept both monetary and in-kind donations.

Our upcoming Summer Block Party is another opportunity to give back—supporting school-aged children in Prescott through a backpack and school supply giveaway. Donate now to help us create lasting memories while meeting real needs in our community.

As 2026 continues and needs grow, we remain committed to helping fill the gap for families across the Prescott Quad-Cities. Through Kids Klostet, we provide clothing, shoes, hygiene essentials, and food support to low-income and homeless families. For many children, these items are more than basic necessities—they bring dignity, comfort, and hope.

We truly couldn't do this without our community. If you weren't able to attend, you can still make a difference by donating at the Front Desk and designating your gift for Kids Klostet.





# BECOME A GEM!



*Give Every Month, Make a Difference.*

**YOU ARE THE HEART OF THE CENTER.** 

## Did You Know?



The Center is a **NONPROFIT ORGANIZATION.**



We receive **NO CITY, STATE, OR FEDERAL FUNDING.**



Everything we do is made possible through **MEMBERSHIPS, CLASSES, RENTALS, EVENTS—AND GENEROUS DONORS LIKE YOU!**



## WHAT IS A GEM?

**GEM = Give Every Month**

- ✓ Provide a **STABLE, PREDICTABLE** foundation we can count on
- ✓ Help us **PLAN FOR THE FUTURE** and grow programs
- ✓ Allow us to be more **EFFICIENT, INNOVATIVE, AND IMPACTFUL**
- ✓ Receive **UPDATES** on how you're making a difference
- ✓ Join a community of members who are truly the **HEART OF THE CENTER**

## We Are More Than JUST CLASSES & ACTIVITIES.

The Center is a place where our community connects, friendships are built, health is improved, and lives are enriched every day.



**CONNECTION**



**HEALTH & WELLNESS**



**COMMUNITY SUPPORT**



**PROGRAMS FOR ALL AGES**

Every person who walks through our doors matters—and you help make that possible.

## Small Monthly Gifts = **BIG** Impact!

**\$5**  
/MONTH

**CONSISTENT SUPPORT**

**\$10**  
/MONTH

**EXPANDED PROGRAMS**

**\$20**  
/MONTH

**DEEPER COMMUNITY IMPACT**

Every dollar stays right here, supporting **YOUR** community.

## OUR IMPACT TOGETHER



Hundreds of individuals served every day



Thousands more reached through events, fairs, and outreach programs



Ongoing support for families, seniors, and those in need



## WHY IT MATTERS

Without funding... we can't operate.  
Without support... we can't grow.  
Without **YOU**...

*The Center doesn't exist.*

*Be Part of Something Bigger.*



**BECOME A GEM TODAY!**  
**GIVE EVERY MONTH. MAKE A DIFFERENCE.**



**SIGN UP ONLINE**  
Visit our website and join in just a few clicks.



**STOP BY THE FRONT DESK**  
We're happy to help you get started!



**FILL OUT A QUICK FORM**  
Simple, flexible and impactful.

*Thank you for helping us strengthen our community—together!* 

# The Center in Action



If you would like to advertise with us & help support the community, call 928-778-3000 for rates!

## The Center Staff

Kathy McFadden - CEO  
Drew Barbaresi - Sr. Facilities & Events  
Josh Boysen - Facilities & Events  
Morgan Swift - Community Engagement & Event Coordinator  
Michelle Brien - Volunteer Coordinator & Program Assistant  
Ariana Seim - Admin. Assistant

Follow us 😊



## Monthly Board Meetings 3rd Wednesday at 10:00 am Board of Directors

Ana Maria Fraijo - President  
Becky Cochell - Vice President  
Irene Winter - Treasurer  
Helene Schaffer - Secretary  
Mary Ann Suttles - Member  
Irene Beitz - Member  
Sharon Tom - Member



## Hours

Monday - Thursday: 8:30 am - 4pm  
Friday: 8:30am—2:00pm  
Saturday: By Event  
Sunday: Closed

## The Center

1280 E. Rosser Street  
Prescott AZ 86301  
928-778-3000  
[www.thecenteronrosser.org](http://www.thecenteronrosser.org)