



THE CENTER

August 2026 NEWSLETTER

1280 E. Rosser Street • Prescott, AZ 86301

thecenteronrosser.org

facebook.com/TheCenteronRosser

JOIN US FOR OUR ANNUAL

Member LUAU!

MONDAY, AUGUST 10, 2026

Bring your Hawaiian spirit and join us for one of our favorite member celebrations of the year! Enjoy a delicious lunch, live entertainment, door prizes and more!

Reservations Required.

Call the front desk to reserve your seat.

- Hawaiian-themed lunch
- Live entertainment
- Fun with friends
- Tropical decorations
- Door prizes
- Photo opportunities



*You Don't Have to
Go Through It
Alone*

GriefShare
SUPPORT GROUP

Help and encouragement
after the death of a loved one.



**WEDNESDAYS
10:30 AM**



**FRIDAYS
12:30 PM**

No cost to attend • All are welcome
Come as you are.

HOLIDAY CLOSURE

Labor Day

The Center will be

CLOSED

**MONDAY,
SEPTEMBER 7, 2026**

*We wish everyone a safe
and happy Labor Day!*

INSIDE This Issue

- Upcoming Events
- Fitness Classes
- Dance Schedule
- Educational Programs
- Bingo
- Bridge
- Volunteer Opportunities
- Community Resources
- August Calendar



A Message from the CEO

Dear Members and Friends,

Can you believe August is already here? I'm not quite sure how that happened! It seems like summer has flown by, and as we head into the second half of the year, I can't help but reflect on how much we've accomplished together. Every program, class, event, and smile shared at The Center is possible because of the incredible support of our members, volunteers, sponsors, and community.

As many of you know, The Center receives no regular city, county, state, or federal funding for our daily operations. We rely on memberships, rentals, fundraising events, grants, sponsorships, and the generosity of people like you to continue providing a welcoming place where our community can connect through health, learning, fitness, games, seminars, socialization, and giving.

This month, we are excited to officially launch our **Community Giving Campaign** and introduce our new **Donor Recognition Wall**. This permanent display will recognize the individuals, families, and businesses whose generosity helps ensure The Center continues serving our community for years to come. Whether your gift is large or small, every donation makes a meaningful difference and helps us continue building a place where everyone belongs.

I also encourage you to join us for two exciting events this month!



ANNUAL MEMBER LUAU

Monday, August 10

One of our favorite member traditions! Enjoy great food, entertainment, laughter, and friendship while celebrating the wonderful community we've built together.



BRIDGE TOURNAMENT

August 28-30

We're excited to welcome players from near and far for a weekend of great competition, camaraderie, and fun. Be sure to stop by and cheer on the participants!

Thank you for believing in our mission and for helping make The Center a place where friendships are formed, lives are enriched, and our community grows stronger every day. Your support—whether through volunteering, attending events, becoming a donor, or simply inviting a friend—makes all the difference.

I look forward to seeing you around The Center this month!

With gratitude,
Kathy McFadden
Chief Executive Officer

♥ Brightening Our Days! ♥



🌸 Selena

Selena officially turned 3 this month and had the most wonderful birthday celebration! Watching her imagination and personality continue to grow has been such a joy.



🌸 Alora

Alora is beginning to talk more every day and continues to amaze us. She may be petite for her age, but she has a huge personality and keeps us smiling.



🌸 AJ

AJ, only eight months younger than Alora, is already just one inch shorter and only ten ounces lighter! I have a feeling he'll be taller than her before long. His happy smile brightens every day.

♥ *These three remind us every day that life's greatest blessings are often the smallest ones.* ♥



HELP BUILD THE FUTURE

Support our new

COMMUNITY GIVING CAMPAIGN

*Leave Your Legacy
on Our Donor Recognition Wall*

Every donation helps provide programs, activities, education, fitness, and opportunities for adults throughout our community.

Thank you for investing in The Center.





BUILDING TOMORROW at The Center

CONNECTING COMMUNITY TODAY.
BUILDING TOMORROW TOGETHER.

The Center is a nonprofit 501(c)(3) organization and receives no city, state, or federal operating funding.

Every gift makes a difference.

Your generosity keeps The Center strong today and for generations to come.



Five Ways to Make a Difference



1. CIRCLE OF GIVING

Make an annual gift and become part of our leadership circle.

Friends \$500
Cornerstone \$1,000
Legacy \$2,500
Visionary \$5,000+

All recognized on our Donor Wall.



2. GEM MONTHLY GIVING

Give Every Month

Become a GEM and be a sustaining force all year long.

\$10 • \$25 • \$50 • \$100

or choose your amount.

Simple. Convenient.
Powerful.



3. BUSINESS CIRCLE

Join local businesses who invest in our community.

- Networking
- Advertising
- Recognition
- Website Listing
- Event Opportunities



4. LEGACY TRAIL

Leave your mark forever along our Community Trail.

- Memorial Bricks
- Honor Bricks
- Family Bricks
- Business Bricks
- Recognition Benches



5. EVENT SPONSORSHIPS

Support one of our community events throughout the year.

- Premier
- Advocate
- Supporter
- Friends
- In-Kind Donations



Our Community Trail

CONNECTING SENIORS TO NATURE

A 1/4-mile accessible trail with bridges, benches and beautiful landscaping. Your support helps create a healthier, more connected community for all.



HELP US REACH OUR GOAL!



2026 GOAL
\$60,000
CURRENT PROGRESS
\$0

Every gift builds our future and grows our Endowment Fund to ensure The Center thrives for generations to come.



Your generosity supports programs and services that enrich lives.



HEALTH



LEARNING



GIVING



FITNESS



SEMINARS



GAMES



EVENTS



SOCIALIZATION



*More than a Center.
A community.*



1280 E. Rosser Street
Prescott, AZ 86301
(928) 778-3000



www.thecenteronrosser.org

Thank you for helping us
build a stronger tomorrow!





2026 BUSINESS MEMBERS — & Community Connections —

More Than a Center,
A Community!

Thank you to the businesses who support The Center
and help strengthen our community.

BUSINESS MEMBER NEWS & EVENTS



SOCIAL SECURITY SEMINARS

August 18 & August 20

Helping individuals and organizations
build a more financially secure future.



ACT THREE PARTNERS

Welcome Our New
Gold Business Member!

FREE Organizing Workshop

Monday, August 24 | 10:00 AM

Helping you declutter, organize,
and simplify your space.



*Some like it hot—but
everybody loves cash!*

August is sizzling at Bucky's and Yavapai Casinos
with exciting chances to win cash and chips!



Play Hot August Hot Seats on slots Saturdays in August!

Winners choose High or Low, cut the deck,
and if they tie or beat the Gold Rush Club
associate, they'll win up to \$1,000 in cash!

- Noon–4:00 p.m. at Yavapai Casino
- 5:00–9:00 p.m. at Bucky's Casino



Table Games players can turn up the heat with Sizzling Summer Hot Seats Fridays and Saturdays in August.

Match the displayed Hot Hand with your
first two cards dealt and win \$100 in chips!
Play from 4:00 p.m.–Midnight in
Bucky's Blackjack Pit.

Hot promotions, hot wins, all August long
at Bucky's and Yavapai Casinos.
Visit buckyscasino.com for details. Must be 21 or older.
Gambling problem? Call 1-800-NEXTSTEP.

★ THANK YOU TO OUR 2026 BUSINESS MEMBERS! ★

DIAMOND



EXECUTIVE PLATINUM



GOLD



SILVER



BRONZE





THE CENTER

AN EDUCATIONAL CLASS FOR THE CENTER COMMUNITY

UPCOMING WORKSHOPS

Join us for these informative sessions designed to help you plan with confidence and peace of mind.



AUGUST 19TH
2:00–4:00 PM



THE CENTER

The Last Transfer:

What Happens to Your Wealth When You Die

Learn how proper estate planning can protect your legacy, provide for your loved ones, and ensure your wishes are honored.

PRESENTED BY

Granite Mountain Wealth
& Evergreen Law



JOHN L. FARMER
Granite Mountain
Wealth



☎ (928) 463-5473



CHRISTINA HOWDEN
Estate Planning
Attorney



EVERGREEN LAW
LLC

☎ (928) 227-1111



SEPTEMBER 16TH
10:00 AM–11:30 AM



THE CENTER

Courageous Conversations

A free community conversation offering practical guidance, compassionate support and answers for families.

HOSTED BY



Marla Stiles
Director of
Transitional Care



Daniel Nunez
Patient Navigator &
Outreach Educator

RSVP



Marla Stiles: 480.276.4581



MStiles@AssisteoHospice.com



EVERYONE IS WELCOME! DON'T MISS THESE VALUABLE PRESENTATIONS.



COMPLIMENTARY
EDUCATIONAL
SEMINAR



FOR THE CENTER
COMMUNITY



Q&A SESSION
TO FOLLOW



THE CENTER
1280 E. Rosser Street
Prescott, AZ 86301



928-778-3000



thecenteronrosser.org

*The Center is the place
where the community connects.*



DANCING AT *The Center*

— WHERE COMMUNITY CONNECTS —

The Center

1280 E. Rosser Street

Prescott, AZ 86301

928-778-3000

thecenteronrosser.org

SATURDAY

AUGUST 8

Beth's COMMUNITY LINE DANCE PARTY

6:00 – 10:00 PM



Hosted by Beth Raber

IN ADVANCE:

\$10 ADULTS

\$5 AGES 17 & UNDER

AT THE DOOR:

\$12 ADULTS

\$7 AGES 17 & UNDER

Message Beth for song/dance requests
928-848-0625 • DM on FB or IG

FRIDAY

AUGUST 14

FRIDAY NIGHT BALLROOM DANCE

LESSON: RUMBA

6:30 PM

OPEN DANCE

7:30 PM

\$15
PER PERSON



Ballroom, Latin,
Swing & Country

SATURDAY

AUGUST 15

Ronnie's SATURDAY NIGHT DANCE PARTY



LESSON
6:30 PM



OPEN DANCE
7:15 PM



\$15
PER PERSON



COMING IN SEPTEMBER



FRIDAY
SEPTEMBER 11
*Friday Night
Ballroom Dance*



SATURDAY
SEPTEMBER 12
*Beth's Community
Line Dance Party*



SATURDAY
SEPTEMBER 19
*Ronnie's Saturday
Night Dance Party*



Everyone is welcome! No partner necessary for most dances.



GREAT MUSIC ★ FRIENDLY PEOPLE ★ FUN ATMOSPHERE

Come Dance With Us!

SELF-DEFENSE WORKSHOP

1ST TUESDAY OF EACH MONTH FROM 4-5:30PM



DON'T BE A VICTIM!

- ✓ Practice a state of awareness and flexible thinking
- ✓ Learn some simple self-defense techniques
- ✓ Protective personal items will be available for purchase: stun rings, pepper spray, and keychains



AWARENESS



AVOIDANCE



DE-ESCALATION



POSITION



DEFEND



ESCAPE



PRESENTED BY:

RAFAEL MERLE

— 10TH DEGREE BLACK BELT —



COST: FREE FOR STANDARD AND PREMIUM MEMBERS / BASIC MEMBERS \$3 / NON-MEMBERS \$15



Get A Grip On Your STUFF!!

Organizing Workshop

Feeling overwhelmed by clutter?

Discover practical strategies to organize your home, reduce stress, and create spaces that work for you.

You'll Learn:

- ✓ Simple decluttering techniques
- ✓ How to organize room by room
- ✓ Tips for maintaining an organized home
- ✓ Storage solutions that really work
- ✓ How to stop clutter before it starts



Date: August 24, 2026



Time: 10:00AM to 11:00AM



Location: The Center on Rosser



Cost: FREE!



Who Should Attend? Anyone ready to simplify their space and reclaim their time!

- Bring:**
- A notebook
 - Your organizing questions
 - A friend!

"Less clutter. Less stress. More room for what matters."

Register Today!

Phone: 928.800.4352



The Place Where
The Community Connects

★★★★ SPONSOR OUR VETERANS DAY ★★★★★ ★ BREAKFAST ★

HONOR ★ THANK ★ CELEBRATE

Join us as we honor and thank the brave men and women who have served our country.

Your support helps us show our appreciation in a meaningful way!



★ HELP US HONOR OUR HEROES ★



☐ **VETERAN BAG**
\$10

A bag filled with snacks, drinks, and treats to show our appreciation.

HOW MANY? _____



☐ **VETERAN MEAL**
\$15

A hot breakfast served with gratitude to the men and women who have served.

HOW MANY? _____

☐ **BOTH**
\$25

Sponsor both a veteran bag and a meal!

HOW MANY? _____

★ DONOR INFORMATION ★

Name _____
Address _____
City _____ State _____ ZIP _____
Phone _____ Email _____

★ PAYMENT OPTIONS ★



CASH

Cash payments can be dropped off at The Center Front Desk.



CHECK

Make checks payable to The Center.



ONLINE

Payments can be made securely online at:

thecenteronrosser.org

★ Thank you for supporting our veterans! ★



The Center SUMMER ACTIVITIES SCHEDULE



🌸 CLOSED MONDAY, SEPTEMBER 7TH FOR LABOR DAY 🌸

🌸 MONDAY 🌸

ACTIVITY	TIME	MEMBER
Movin' w/June	8:30 AM	\$8
Strength & Balance w/Joy	9:30 AM	\$9
Organizational Workshop— Act Three Partners 8/24/26	10:00 AM	Free
In the Middle Line Dance w/CindyLou - Cancelled 8/31/26	10:30 AM	\$8
Hand & Foot Canasta	12:00 PM	\$5
ACBL Sanctioned Bridge	12:00 PM	\$8
Non-Sanctioned Bridge	12:00 PM	\$8
Integrated Exercise Yoga/Qigong/Pilates w/Roma	12:15 PM	\$8
Tai Chi & Qigong w/Roma	1:30 PM	\$8
Member Luau 8/10	4:00 PM	Free

🌸 TUESDAY 🌸

ACTIVITY	TIME	MEMBER
All Levels Yoga w/Katy	8:40 AM	\$9
Meditation w/Peg	9:00 AM	\$5
Strength & Balance w/Joy - 1 Hour	9:00 AM	\$9
Balance Tai Chi Movements w/Joy - 30 minutes	10:00 AM	\$5
Basic Beginner Line Dance w/CindyLou - Cancelled 8/18/26 & 8/25/26	10:00 AM	\$8
Weights & Balls on Chair w/Katy Kolasa	10:00 AM	\$9
Cribbage	10:00 AM	\$5
Tai Chi Chuan w/Bryan	10:30 AM	\$8
Full Body Fitness—Latin Dance Based Exercise— w/Juana	11:30 AM	\$7
ACBL Sanctioned Bridge	12:00 PM	\$8
Intermediate Line Dance w/Barb Early Start 10:45 AM on 8/11/26	10:45 AM	\$8
Self Defense Class—8/4/26	4:00 PM	\$3
Social Security Seminar— 8/18/26	6:00 PM	FREE
Cha Cha—Beyond The Basics w/Ronnie	6:30 PM	\$15
Intermediate West Coast Swing w/Ronnie	7:30 PM	\$15

🌸 WEDNESDAY 🌸

ACTIVITY	TIME	MEMBER
Strength & Balance w/Joy	9:30 AM	\$9
Tai Chi w/ Larry - 42 Combination Form	10:15 AM	\$8
Grief Support Group	10:30 AM	Free
All Levels Yoga w/Katy	11:00 AM	\$9
Zumba with Kay	11:30 AM	\$8
ACBL Sanctioned Bridge	12:00 PM	\$8
Arizona Territorial Society— The Keystone Murderers in Prescott—Brad Courtney—8/19/26	1:00 PM	Free
The Last Transfer Seminar—8/18/26	2:00 PM	Free
Full Body Fitness - Latin Dance Based Exercise w/Juana	4:30 PM	\$7
Beginning Line Dancing - Beth Raber - \$10 Per Person	6:00 PM	\$10
Intermediate Line Dancing - Beth Raber - \$10 Per Person	7:00 PM	\$10



Activities in **BLUE** are our Basic Fitness Classes.

All other classes are Premium.

Non-Member Price for Activities \$15





The Center AUGUST ACTIVITY SCHEDULE



🌸 CLOSED MONDAY, SEPTEMBER 7TH FOR LABOR DAY 🌸

🌸 THURSDAY 🌸

ACTIVITY	TIME	MEMBER
Strategic Network Partners	7:30 AM	FREE
Movin w/June	9:00 AM	\$8
All Levels Yoga w/Katy	8:40 AM	\$9
Strength & Balance w/Joy - 1hr	9:00 AM	\$9
Balance Tai Chi Movements w/Joy - 30 Minutes	10:00 AM	\$5
Beginner Line Dance w/Sandi	10:00 AM	\$6
Tai Chi Chuan w/Bryan	10:30 AM	\$8
Hand & Foot Canasta	12:00 PM	\$5
American Mahjongg - Beginners Welcome	1:00 PM	\$5
Tai Chi w/Larry - Yang Style—108 Form or 42 Combination Form	4:00 PM	\$8
Social Security Seminar - 8/20/26	6:00 PM	FREE



🌸 FRIDAY 🌸

ACTIVITY	TIME	MEMBER
Mind-Body Reset Walk—Meet at Front Desk (Free to Standard and Premium)	9:30 AM	\$3
Gentle Chair Stretch—(Free to Standard and Premium)	10:30 AM	\$3
Zumba w/Kay	11:30 AM	\$8
Grief Support Group	12:30 PM	FREE
Creative Doodling and Writing—(Free to Standard and Premium)	12:00 PM	\$3
Friday Night Ballroom Dance w/Chad & Marie 8/14/26	6:30 PM	\$15



🌸 SATURDAY & SUNDAY 🌸

ACTIVITY	TIME	MEMBER
Line Dance Social with Beth Raber—8/8/26	SATURDAY 6:00 PM	\$12
Saturday Night Dance with Ronnie - 8/15/26	SATURDAY 6:30 PM	\$15
Union Church Services (Sundays)	SUNDAY 10:00 AM	FREE



B	I	N	G	O
8	24	35	50	62
1	17	41	46	63
14	22	FREE	55	67
10	30	39	55	68
16	27	33	60	75

B	I	N	G	O
11	26	44	59	71
2	21	34	54	65
1	13	FREE	47	72
3	38	36	56	73
27	23	42	49	70

BINGO THURSDAYS

🌸 AT THE CENTER ON ROSSER 🌸

DOORS OPEN
AT NOON

GAMES START AT
1:30 PM

VOLUNTEERS NEEDED!

• CALLERS

• CASHIERS

• PAPER SALES

• SNACKS



Activities in BLUE
are our Basic
Fitness Classes.

All other classes
are Premium.



NON-MEMBER PRICE
FOR ACTIVITIES \$15



Subject to cancellations



Check our website for updates



www.thecenteronrosser.org

★ SAVE THE DATE! ★

Swinging Through the 40's



SATURDAY



NOVEMBER 14

THE CENTER ON ROSSER

1280 E ROSSER ST, PRESCOTT AZ

Get your tickets now at

<http://thecenteronrosser.com/>



5:30-6:00

Learn the Shim Sham
(A 1940s Line Dance!)



5:30-9:00

Dance the night away to a
fun mix of great tunes
from the 1940s



★ SWING DANCE CONTEST ★

AT 6:30



★ BEST DRESSED CONTEST ★

AT 7:30



★ Come Dressed in
1940's clothing ★

★ CO-HOSTED BY ★

THE BEE'S KNEES DANCE PRESCOTT

and

★ THE CENTER ON ROSSER

The
**Bee's
Knees**
DANCE PRESCOTT



928-499-4077



www.thebeeskneesdanceprescott.com



@TheBeesKneesDancePrescott



@The_Bees_Knees_Dance_Prescott





Prescott Bridge in the Pines

NLM REGIONAL & OPEN SECTIONAL

August 28-30, 2026

Sanction# 2608334 • 2608121 Unit# 355 District# 17



The Center

1280 E. Rosser Street | Prescott, AZ 86301
928.778.3000 | www.thecenteronrosser.org



Friday, August 28

- ♠ 10 am & 3:00 pmNLM Gold Rush stratified pairs (Gold/Red) Two Sessions
- ♥ 10 am & 3:00 pmSectional stratified open pairs (Silver) Single Session
- ♦ 10 am & 3:00 pmSwiss Teams (Silver) Two Sessions
- ♣

Saturday, August 29

- 10 am & 3:00 pmNLM Gold Rush stratified pairs (Gold/Red) Two Sessions
- 10 am & 3:00 pmSectional stratified open pairs (Silver) Single Session
- 10 am & 3:00 pmSwiss Teams (Silver) Two Sessions

Sunday, August 30

- 10 am & TBANLM Gold Rush Swiss Teams (Gold/Red) Two Sessions
- A=500-750; B=300-500; C=0-300
- Sectional Swiss Teams (Silver) Two Sessions
- A=2,500+; B=750-2,500; C=0-750

Sunday Lunch Provided With Team Entry*



STRATIFICATIONS

Open Pairs:
A=2,500+; B=750-2,500;
C=0-750

Gold Rush Pairs:
0-750 (NLM): A=500-750;
B=300-500; C=0-300



AMPLE FREE PARKING

FREE COFFEE & SNACKS DAILY
FREE LECTURES FRIDAY



DIRECTOR IN CHARGE:

Ken Horwedel

TOURNAMENT CHAIR:

Mike Fogel
watfoa@outlook.com



PARTNERSHIP:

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I/N REPRESENTATIVE: Bill Phillips
spherghs0000@gmail.com

ZERO TOLERANCE • SMOKE AND FRAGRANCE FREE

Monday	Tuesday	Wednesday	Thursday	Friday
Monday August 3 ROSEMARY CHICKEN Three Bean Medley, Rice Pilaf, California Style Veggies, Melon Mix	Tuesday August 4 GREEN CHILI PORK Potatoes, Celery, Onion, Carrots, Pearled Barley, Whole Wheat Roll, Strawberries	Wednesday August 5 PHILLY CHEESESTEAK French Bread, Provolone, Bell Pepper, Onion, Three Bean Salad, Mixed Berries	Thursday August 6 CHILI RELLENO CASSEROLE Cheese, Black Bean Medley, Summer Squash, Tortilla Chips, Salsa, Tropical Fruit	Friday August 7 ORANGE CHICKEN Steamed Rice, Stir Fried Mixed Veggies, Sesame Seeds, Green Onions, Oranges
Monday August 10 BREADED FISH Lemon Cream Sauce, Whole Wheat Couscous, Peas and Carrots, Spiced Pears	Tuesday August 11 PORK TAMALES Pinto Beans, Stewed Tomatoes, Zucchini Medley, Pineapple	Wednesday August 12 CHICKEN TACOS Lettuce, Tomato, Cheese, Cilantro Lime Veggies, Spanish Rice, Flour Tortillas, Grapes	Thursday August 13 BEEF STROGANOFF Egg Noodles, Mushrooms, Peas and Carrots, Whole Grain Breadsticks, Applesauce	Friday August 14 CHICKEN CORDON BLEU Wild Rice, Green Bean Medley, Peaches and Orange Slices
Monday August 17 CHEESE TORTELLINI Tomato, Basil, Parmesan Cheese, Italian Style Veggies, Garlic Toast, Apricots	Tuesday August 18 MONGOLIAN BEEF Brown Rice, Peppers, Onions, Sauteed Cabbage, Melon	Wednesday August 19 PULLED PORK SANDWICH Whole Grain Bun, Crispy Onion Straws, Roasted Sweet Potatoes, Kale Slaw, Bananas	Thursday August 20 MEXICAN STYLE CASSEROLE Black Beans, Spinach, Mexican Rice, Cheese, Stewed Tomatoes, Lettuce, Mixed Berries	Friday August 21 CHICKEN STIR FRY Steamed Rice, Crispy Wontons, Mushrooms, Broccoli, Celery, Onion, Fruit Salad
Monday August 24 SALISBURY STEAK Mushrooms, Onions, Mashed Potatoes and Gravy, Peas and Carrots, Strawberries	Tuesday August 25 FISH AND CHIPS Breaded Cod, Oven Fries, Brussels Sprouts, Applesauce	Wednesday August 26 SMOTHERED PORK LOIN Sweet Potatoes, Green Beans, Whole Grain Biscuit, Sliced Oranges	Thursday August 27 CHILLI CHEESE DOGS Oven Fries, Zucchini Medley, Coleslaw, Apples	Friday August 28 BONELESS PORK CHOPS Herbed Gravy, Roasted Potatoes, Peas and Carrots, Peaches
Monday August 31 TERIYAKI CHICKEN Steamed Rice, Braised Cabbage, Broccoli Medley, Green Onion, Fruit Salad				



The Center AUGUST NEWSLETTER



CONNECT • LEARN • STAY ACTIVE • HAVE FUN!

*Caregivers and
Family Members
of all Ages are
Welcome!



Stay Active & Independent for Life (SAIL)



A Strength, Balance, and Fitness Class for Adults 60+

It Works!

You'll be stronger, have better balance, feel better and this will help you stay independent, active, and prevent falls.

It's Fun!

You'll meet other people and make new friends!

It's Safe!

The instructors are experienced and skilled, and exercises have been tested with seniors. All exercises can be done seated or standing.

THE CENTER ON ROSSER

1280B E Rosser St.
Prescott, AZ 86301



WEDNESDAYS
9-10 AM

Sept. 23 - Dec. 16, 2026
*no class 11/11



Contact to register
for class:

Kristin Moore
Health and Wellness
Specialist
928-779-7087
kmoore@nacog.org

NACOG Aging
Northern Arizona
Council of Governments

For information on additional supports and services
call: Toll-Free (877) 521-3500 *TTY: (800) 842-4681

Under Titles VI and the Civil Rights Act of 1964 (Title VI and VII) and the American Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, NACOG Area Agency on Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. NACOG Area Agency on Aging must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.

NACOG Area Agency on Aging: AAA Central Office 323 N. San Francisco St., Suite 200, Flagstaff, Arizona 86001



Gina Hudecek,
Realtor®

Serving & Simplifying

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Gina@Gina-Realtor.com

www.Gina-Realtor.com



Download my Instacard

exp
REALTY



ACT three PARTNERS

Next-Stage Strategies for
Seniors & Their Advocates

Decluttering, Downsizing, and Organization

- › Right-size belongings
- › Sell, donate, dispose, or distribute items
- › Organize space to lifestyle & function

Senior Transition Moving Manager

- › Manage complex moving logistics
- › Furniture & artwork placement/staging
- › Full pack & unpack of belongings
- › Technology set-up and assistance

Senior Placement Advisory Services

- › Assess needs, budgets, and priorities
- › Compare communities
- › Facilitate introduction of options

**CONTACT US FOR YOUR
FREE CONSULTATION!**

info@ActThreePartners.com

928.800.4352

*The Center is the place
where the community connects!*

1280 E. Rosser Street
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928-778-3000

www.thecenteronrosser.org

facebook.com/TheCenteronRosser



We're in your corner.

People today can spend nearly half their lives over the age of 50. That's a lot of living. So, it helps to have a wise friend and fierce defender like AARP in your community.

Find us at aarp.org/az.

[f /aarparizona](https://www.facebook.com/aarparizona)

[@AZ_AARP](https://twitter.com/AZ_AARP)



Vicki Holmes
Community Outreach Specialist
928.830.4744
vicki.holmes@devoted.com
www.devoted.com

Susan Drysdale, PhD

Specializing in Grief, Transition, and Loss Issues

Other areas of expertise:

Depression, Anxiety, Relationship problems, Medical issues, Addictions, Senior Citizen issues, Stress-related symptoms

drsusandrysdale@gmail.com

www.drsusandrysdale.com

631-681-6717

Serving Prescott, Arizona

HEARING AND BRAIN WORD SEARCH

H	E	A	R	I	N	G	A	I	D	S	C	B	C	N
C	N	H	V	F	C	X	O	R	Q	J	K	S	O	P
A	O	B	M	E	M	O	R	Y	G	U	W	H	N	B
F	S	M	A	V	M	V	W	W	F	P	I	O	N	E
G	L	A	M	M	Z	Q	S	R	T	P	M	O	E	S
H	F	T	G	U	D	J	G	D	B	R	C	T	C	T
E	U	T	Y	D	N	X	Z	J	X	O	O	E	T	W
A	C	E	I	G	T	I	N	W	S	C	G	R	I	H
R	D	N	P	Q	U	T	C	B	E	E	N	P	O	A
B	E	T	B	Q	Y	H	W	A	I	S	I	L	N	T
E	V	I	R	S	F	G	D	Q	T	S	T	U	V	A
T	I	O	A	X	S	S	A	V	V	I	I	G	C	Y
T	C	N	I	N	F	Z	E	I	Z	N	O	S	Y	Y
E	E	W	N	R	I	K	X	M	J	G	N	N	Q	H
R	S	S	E	N	I	O	R	H	E	L	P	P	E	B

communication
processing
connection
senior help
what
shooter plugs

hear better
devices
attention
hearing aids
cognition
memory

brain



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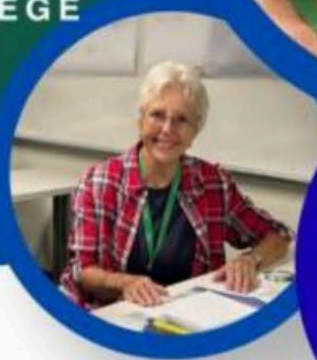


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18

AUGUST
20



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Fun Contests
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Fun for the Whole Family!



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Celebrate the season with festive fun and community spirit! ❤️

VETERANS DAY

*We Honor You.
We Thank You.*



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NOVEMBER 6, 2026**

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Recognition • Community
Gratitude & More!



Honoring our heroes who have served our country with pride! ❤️

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Spread Joy.*



**FRIDAY & SATURDAY,
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Unique Gifts • Holiday Decor
Food • Music • Raffles
And More!



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❤️ *At The Center, there's always something to look forward to!* ❤️



MARK YOUR CALENDAR

and be part of these amazing events that bring our community together!

STAY CONNECTED!

Follow us on social media and visit our website for event details, vendor info, and updates!



THE CENTER STAFF

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Chief Executive Officer

Drew Barbaresi
Sr. Facilities & Events
Coordinator

Michelle Brien
Program & Volunteer
Coordinator

Ariana Seim
Admin. Assistant

Julie Holler
Development and
Programs Assistant

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HOURS OF OPERATION



MONDAY – THURSDAY
8:30 AM – 4:00 PM



FRIDAY
8:30 AM – 2:00 PM



**SATURDAY
BY EVENT**



**SUNDAY
CLOSED**

Hours may vary for special events and holidays. Please call or visit our website for more information.

ABOUT THE CENTER

The Center is a nonprofit community hub in Prescott, Arizona dedicated to connecting, learning, growing, and shining together. We offer something for everyone and are proud to be a vibrant place where our community comes together.

*More Than A Center,
A Community* ❤️



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*The Center is a place where
our community connects.*

