



THE CENTER

September 2026 NEWSLETTER

1280 E. Rosser Street • Prescott, AZ 86301



thecenteronrosser.org



facebook.com/TheCenteronRosser



★ HOLIDAY CLOSURE ★
Labor Day
The Center will be
CLOSED
MONDAY,
SEPTEMBER 7, 2026
★ We wish everyone a safe and happy Labor Day! ★



CANDY COLLECTION
We are collecting wrapped candy for our Fall Festival and Halloween activities!
Drop off at the Front Desk.
Thank you for your sweet support!



SAVE THE DATE!
Fall Festival
CRAFT FAIR
OCTOBER 23 & 24, 2026
10:00 AM – 3:00 PM

Shop local vendors, unique gifts, handmade items and more!

Fun for the whole family!

- ★ LOCAL VENDORS
- ★ HANDMADE ITEMS
- ★ UNIQUE GIFTS
- ★ FOOD & FUN
- ★ RAFFLES & PRIZES



INSIDE This Issue

- Upcoming Events
- Fitness Classes
- Dance Schedule
- Educational Programs
- Bingo
- Bridge
- Volunteer Opportunities
- September Calendar



A Message from the CEO

Dear Members and Friends,

As the bright, busy days of summer begin to soften into fall, the changing season reminds us that change can be beautiful. Fall represents gratitude, renewal and harvest - a chance to appreciate what has grown, share what we have and gather with the people who make our community feel like home.

That spirit is at the heart of The Center. Every class, program, game, dance and friendship grows because people choose to walk through our doors and take part. Whether you come to exercise, learn something new, volunteer or simply enjoy good company, you help make The Center the warm and welcoming place it is.

This season also brings meaningful ways to care for our neighbors. We are collecting candy for the Fall Festival Craft Fair, inviting members to sponsor a veteran appreciation bag and welcoming volunteers to help with our upcoming events. Each bag of candy, each sponsorship and every hour of service becomes part of something much bigger.

Like a harvest gathered one piece at a time, the strength of our community is built through many small acts of kindness. Thank you for the generosity, laughter and friendship you bring to The Center. I look forward to sharing this beautiful season with all of you.

I look forward to seeing you around The Center this fall!

With gratitude,

Kathy McFadden

Chief Executive Officer

Share the Warmth of the Season



DONATE CANDY

Help us stock up for the Fall Festival Craft Fair.



SPONSOR A VETERAN BAG

Help us honor local veterans at our November breakfast.



VOLUNTEER WITH US

Give an hour or a helping hand at an upcoming Center event.

Stop by the front desk or call 928-778-3000 to help.

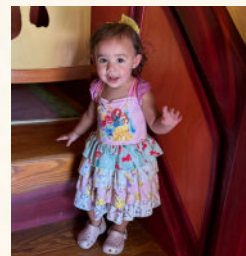
Growing Through the Seasons

Selena



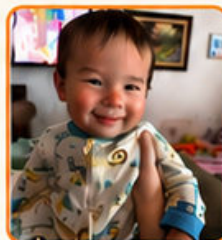
Selena is officially a preschooler! She has started preschool and has also been going to dance. She is growing into such a smart, independent little girl.

Alora



Alora is talking more every day - and she is definitely the boss! She loves reading and eating her "nanas."

AJ



AJ thinks that because he is almost the exact same size as Alora - even though he is not quite eight months younger - he is a big boy just like his sisters. He is standing and trying to walk! Slow down, little guy!



They make every season sweeter.

PETAPALOOZA The Center

A PET FAIR FOR THE WHOLE FAMILY!

SATURDAY, SEPTEMBER 12TH

FROM 10:00 AM - 3:00 PM



PET VENDORS & CRAFTERS

LOCAL ANIMAL RESCUES & ADOPTIONS

DEMONSTRATIONS & PETTING FARM

DOGGIE ICE CREAM TREATS

**LEASHED WELL-BEHAVED
PETS WELCOME**



VISIT OUR VENDORS AT PETAPALOOZA



- AARF
- Alliance of Therapy Dogs
- Animal Disaster
- AZ Game and Fish
- Bigfoot Custom Cat Furniture
- Candid Canine Training
- Conditioned Canine AZ
- Desert Paws at Peace
- Devoted Health
- Dot2Dot Kr8shnz
- Everlasting Windows
- Fetch Happy Store
- Just More Customs
- Mary Kay
- Miss Kitty's Cat House
- Peter's Repurposed Wood Creations
- Phoenix Animal Care Coalition
- PV Clovers 4-H Club
- Ranch Hand Dog Treats
- Rockn' Rose Creek
- Paws 4 Compassion
- Serene Water Pet Cremation
- Shayla and Friends
- The Critter Party
- Tiny Tots Petting Farm
- United Animal Friends
- Yavapai Humane Society
- Yavapai Humane Trappers



Event Sponsors



IN-KIND SPONSOR



**Pups
on the
Patio**



JOIN US!
SATURDAY, SEPTEMBER 12TH

AT 1:00 PM

**Ice Cream for
You & Your Pet!**

A SPECIAL THANK YOU TO



**FOR SPONSORING
PUPS ON THE PATIO!**



**Gina Hudecek,
Realtor®**

Serving & Simplifying

928-925-7679

Gina@Gina-Realtor.com

www.Gina-Realtor.com



Download my Instacard

**exp
REALTY**



*Looking to
sponsor our
events?*



**GIVE US A CALL!
928-778-3000**



1280 E. ROSSER ST. | 928-778-3000 | WWW.THECENTERONROSSER.ORG





Upcoming Workshops at The Center on Rosser

LEARN • CONNECT • BE INSPIRED • LIVE WELL

Assistee Hospice Presents:

Courageous Conversations

A free community conversation offering practical guidance, compassionate support and answers for families.



Wednesday,
September 16
10:00 – 11:30 AM



The Center
on Rosser



Hosted by
Marla Siles

Director of
Transitional Care



Featuring
Daniel Nunez

Patient Navigator &
Outreach Educator

Arizona Historical Society

The Legacy of Sharlot Hall

by Stuart Rosebrook



Wednesday,
September 16
1:00 PM



The Center
on Rosser



Join us to explore the
remarkable life of Arizona's
beloved historian and author,
Sharlot Hall.



Get A Grip On Your STUFF!! Organizing Workshop

Feeling overwhelmed by clutter?

Discover practical strategies to
organize your home, reduce stress,
and create spaces that work for you.



Monday,
September 21
10:00 – 11:00 AM



The Center
on Rosser



You'll Learn:

- Simple decluttering techniques
- How to organize room by room
- Tips for maintaining an organized home
- Storage solutions that really work
- How to stop clutter before it starts

Bring: A notebook, your
organizing questions, and a friend!

The *Lazy* Gardener

*Gardening with
Native Plants*



Learn how to plant native wildflowers,
what native plants are best for this
region, what plants are invasive, and
how to support our native pollinators.

Students will learn the basics of
planting and maintaining a native
plant garden, and how to replicate
nature's gardening strategies.



Thursday,
September 24
1:00 – 2:30 PM



Fee:
\$25.00



Instructor:
Kathy Dickinson
bykdickinson
@gmail.com

*Thank you for supporting our workshops and helping
build a stronger, more connected community.
We look forward to seeing you!*

To register or learn more, visit thecenteronrosser.org
or call 928-778-3000.



2026 BUSINESS MEMBERS — & Community Connections —

Thank you to the businesses who support The Center
and help strengthen our community.

BUSINESS MEMBER NEWS & EVENTS



SOCIAL SECURITY SEMINARS

★
October 14 & October 20

Helping individuals and organizations
build a more financially secure future.



ACT THREE PARTNERS

Welcome Our New
Gold Business Member!

FREE Organizing Workshop

📅 Monday, September 21 | ⌚ 10:00 AM

Helping you declutter, organize,
and simplify your space.



Passport to Winning Kicks Off Our 34th Anniversary Celebration!

Beginning in September with the exciting
Passport to Winning promotion and continuing through
October 24, Gold Rush Club members have a chance to
win their share of \$220,000 in cash and prizes, including
one spectacular grand prize: a 2026 Honda Passport
TrailSport or \$30,000 cash, drawing to be held on
Oct 24 at 10 p.m.!



Spin the wheel on Saturdays in September
and win up to \$2000 cash!



Table Games players may win \$50 in chips
and receive cash drawing entries on Fridays.



The Grey room and Yavapai Cantina are offering
an incredible Breakfast Special for Gold Rush
Club members only, priced from \$5 to \$7,
served Monday through Friday, come hungry!

Join us in celebrating our 34th Anniversary!

Visit buckyscasino.com for details.
Must be 21 or older. Please play responsibly.
Gambling problem? Call 1-800-NEXT-STEP.

★ THANK YOU TO OUR 2026 BUSINESS MEMBERS! ★

DIAMOND

EXECUTIVE PLATINUM

GOLD

SILVER

BRONZE



ON ROSSER
A PLACE FOR CONNECTION

UPCOMING PROJECTS

Building a Stronger Community Together!



At The Center, we're always working on projects that make a difference in the lives of our members and our entire community. Here's what's ahead!



PARK & TRAIL EXPANSION

Growing for Our Community!

We are creating an inclusive outdoor park with a 1.4-mile walking trail, ADA-compliant bridges, park benches, workout stations, and greenery.

PROPOSED WORKOUT STATIONS ALONG TRAIL

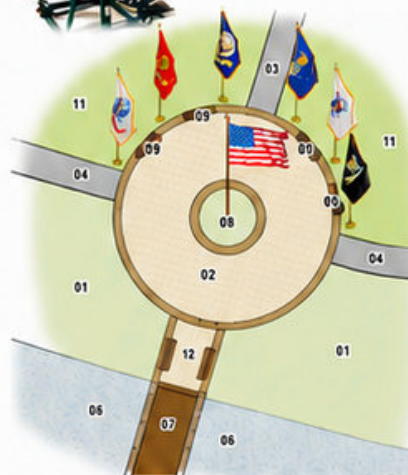
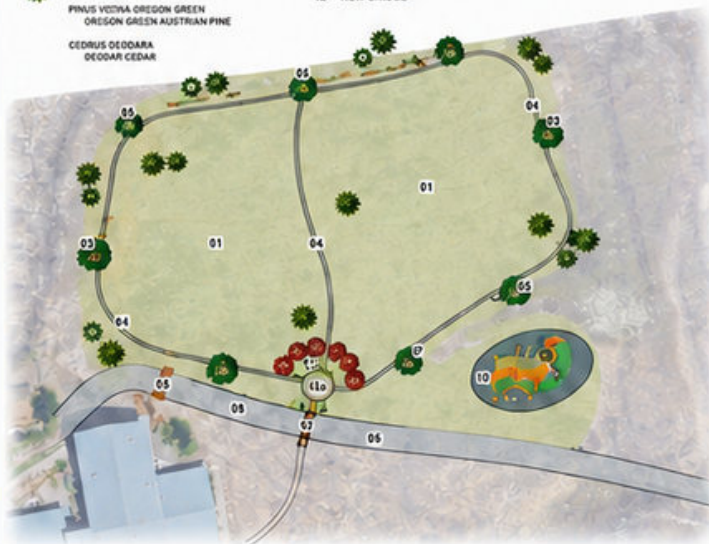


PREFERRED TREE LIST

- SHADE TREES
 - PINUS SANCHEZ
 - CHINESE PISTACHE
 - FRAXINUS ULMICO
 - ARIZONA ASH
- ACCENT TREES
 - CHITRALPA TASHIKENTENSIS
 - CHITRALPA
 - CECROBIA GRANDIS
 - EASTERN REDWOOD
 - CHLOPSIS LINEARIS 'BURUNDY LACE'
 - BURUNDY DESERT WILLOW
- EVERGREEN TREES
 - PINUS VEDRA OREGON GREEN
 - OREGON GREEN AUSTRIAN PINE
 - CECROBIA DEODARA
 - DEODAR CEDAR

MATERIALS LEGEND

- 01 NEW HYDROLOGED LANDSCAPE AREA
- 02 DONOR PAVERS
- 03 NEW TRAIL CONNECTOR
- 04 EXISTING TRAIL
- 05 LOCATION OF BENCHES AND NEW SHADE TREE ALONG TRAIL
- 06 EXISTING DRAINAGE CHANNEL
- 07 EXISTING BRIDGE
- 08 PROPOSED USA AND MILITARY FLAGS AT PARK ENTRY
- 09 NEW BENCH
- 10 FUTURE PLAYGROUND
- 11 PROPOSED ARTIFICIAL GRASS
- 12 NEW BRIDGE



ENLARGED PARK ENTRY PLAN
NOT TO SCALE



TYPICAL DONOR MATERIALS
FINAL MATERIAL AND PAVERS TO BE PROVIDED BY THE CENTER



CANDY COLLECTION

FOR COMMUNITY
TRICK OR TREATING

*We Need
Your Candy!*

We'll be hosting our Community Trick or Treating during our Fall Festival Craft Fair

OCTOBER 23 & 24

Please help us make it a fun and safe experience for local children!

*Drop off your individually wrapped candy at
The Center.*



TOYS FOR SANTA COLLECTION BEGINS

NOVEMBER 1

Help make the holidays special for local children. We're collecting new, unwrapped toys for Santa to give to children at our Christmas Craft Fair.

Thank you for your kindness and generosity!



SENIOR TREE GOES UP

NOVEMBER 1

Our annual Senior Tree will be available for you to pick an ornament and help brighten a senior's holiday.

*Small gifts.
Big impact.
So much joy.*



COAT COLLECTION BEGINS

NOVEMBER 15

Bring your donations to The Center starting November 15.

Together, we can help many in our community stay warm this season.



♥ Thank you for helping us make a difference in our community! ♥

1280 E Rosser Street, Suite A
Prescott, AZ 86301
928-778-3000
www.thecenteronrosser.org



Enhances and supports the lives of our community by providing opportunities and facilities for social interaction, education, information and entertainment to the adult population of the greater Prescott area.



Enhancing Senior Lives

VOLUNTEERS *Needed!*



Make a Difference. Share Your Time. Be Part of Our Community!

The Center thrives because of amazing volunteers like **YOU!**
Whether you have a few hours a week or a special talent to share,
there's a place for you here.



WEEKLY TREE WATERING

Help keep our trees healthy and our grounds beautiful by watering once a week.



TRAIL MAINTENANCE

Assist with keeping our walking trails safe, clean and enjoyable for everyone.



BINGO ASSISTANTS

Help with bingo games, sell cards, call numbers and keep the fun going!



RECEPTION DESK

Greet members and guests, answer phones and help create a welcoming environment.



INSTRUCTORS FOR CLASSES OR SEMINARS

Share your knowledge and passions! We're looking for instructors for a variety of classes and activities.



FUNDRAISING

Support our mission by helping plan events, reach out to donors and raise funds for our programs.



JANITORIAL SUPPORT

Help keep The Center clean, safe and inviting for members, guests and staff.



VOLUNTEER AT COMMUNITY EVENTS

Help at health fairs, festivals, craft fairs and other community events that make a big impact!

Every
HELPING HAND
Makes a Difference!



INTERESTED?

Stop by the front desk or contact us to learn more and sign up today!

📞 928-778-3000

✉ info@thecenteronrosser.org

🌐 www.thecenteronrosser.org



BUILDING COMMUNITY



ENRICHING LIVES



TOGETHER

SELF-DEFENSE WORKSHOP

1ST TUESDAY OF EACH MONTH FROM 4-5:30PM



DON'T BE A VICTIM!

- Practice a state of awareness and flexible thinking
- Learn some simple self-defense techniques
- Protective personal items will be available for purchase: stun rings, pepper spray, and keychains



AWARENESS



AVOIDANCE



DE-ESCALATION



POSITION



DEFEND



ESCAPE



PRESENTED BY:
RAFAEL MERLE
— 10TH DEGREE BLACK BELT —



COST: FREE FOR STANDARD AND PREMIUM MEMBERS /
BASIC MEMBERS \$3 / NON-MEMBERS \$15

STARTS
SEPT 30th



KARATE CLASSES

TRADITIONAL SHORIN-RYU KARATE

Karate is great for balance, strength, and mental well-being. Each week will review and build upon previous classes. Students will have the opportunity to advance in rank and attain a Black-Belt.

There is little to no physical contact between students until they attain a higher rank.

This is a self-defense-oriented style offered by Goshin Do (the way of self-preservation).



INSTRUCTORS:

Cliff Field
7th degree blackbelt

Suz Field
5th degree blackbelt

● EVERY WEDNESDAY
5:00 – 6:00 PM

● AGES 10 AND UP
17 and under need to have an adult present

● \$3 for Basic Members
\$5 for Non-Members
FREE to Premium and Standard Members

GOSHIN DO

THE WAY OF SELF-PRESERVATION



GET A GRIP ON YOUR STUFF!!

ORGANIZING WORKSHOP

➤ Feeling overwhelmed by clutter? ➤

Discover practical strategies to organize your home, reduce stress, and create spaces that work for you.



YOU'LL LEARN:

- Simple & effective techniques
- How to organize room by room
- Tips for maintaining an organized home
- Storage solutions that actually work
- How to stop clutter before it starts



WHO SHOULD ATTEND?

Anyone ready to simplify their space and reclaim their time!



A notebook



Your organizing questions



A friend



DATE:
September 21, 2026



TIME:
10:00AM to 11:00AM



LOCATION:
The Center on Rosser



COST:
FREE



Less clutter. *Less stress.* More room
for what matters.

Register
Today!



PHONE:
928.800.4352



info@ActThreePartners.com



More Than a Center,
A Community!

The Center on Rosser presents:

The Lazy Gardener

Gardening with
Native Plants

Fall is a great time to start a native plant garden. If you love to garden but don't want to devote much time, energy, or just plain muscle power to a garden, native plants are for you. Native plants require little maintenance, less water, no fertilizer, and no pesticides. Learn how to plant native wildflowers, what native plants are best for this region, what plants are invasive, and how to support our native pollinators. Students will learn the basics of planting and maintaining a native plant garden, and how to replicate nature's gardening strategies.



THURSDAY
SEPTEMBER 24
1:00 – 2:30 PM



FEE:
\$25.00



INSTRUCTOR:
KATHY DICKINSON
bykdickinson@gmail.com



Please contact me
before class so I can email
class handouts to you
and so I know how many
students I have to prepare for.

ABOUT THE INSTRUCTOR



Kathy Dickinson has training as a Master Gardener and as a Habitat Steward from the National Wildlife Federation Habitat Steward program. She has worked re-wilding gardens since 2000, and also teaches gardening with native plants for Yavapai College Community Education, and the Highland Center For Natural History.

Hosted by
JOY TRAVERS & MARNIE KIYONAGA

SOUND *Healing* & GUIDED MEDITATION

Rest. Reset. Restore.
Immerse yourself in healing sound
and guided meditation to calm the mind,
open the heart, and restore balance.



WEDNESDAY,
SEPTEMBER 30TH, 2026



6:30 P.M. - 8 P.M.

FEE

\$33



YOGA MAT



PILLOW



BLANKET



BOTTLED WATER



THE CENTER ON ROSSER

1280 East Rosser Street
Prescott, Arizona, 86301



Contact Joy Travers
928-642-4002
CALL OR TEXT TODAY



★ SAVE THE DATE! ★

★ SATURDAY ★

Swinging Through the 40's

NOVEMBER 14

THE CENTER ON ROSSER
1280 E ROSSER ST, PRESCOTT AZ



Get your tickets now at
<http://thecenteronrosser.com/>

🎵 5:30-6:00

Learn the Shim Sham
(A 1940s Line Dance!)

🎵 5:30-9:00

Dance the night away to a
fun mix of great tunes
from the 1940s

★ SWING DANCE CONTEST ★
★ AT 6:30 ★
★ BEST DRESSED CONTEST ★
★ AT 7:30 ★



★ Come Dressed in
1940's clothing ★

★ CO-HOSTED BY ★
THE BEE'S KNEES DANCE PRESCOTT
and
THE CENTER ON ROSSER



The
**Bee's
Knees**
DANCE PRESCOTT

📞 928-499-4077

🌐 www.thebeeskneesdanceprescott.com

📷 @The_Bees_Knees_Dance_Prescott

📺 @TheBeesKneesDancePrescott



The Center SEPTEMBER ACTIVITIES SCHEDULE



🍁 CLOSED MONDAY, SEPTEMBER 7TH FOR LABOR DAY 🍁

🍁 MONDAY 🍁

ACTIVITY	TIME	MEMBER
No Classes 9/7 (Labor Day)		
Movin' w/June	8:30 AM	\$8
In the Middle Line Dance w/Cindy – No Class 9/1	9:30 AM	\$8
Strength & Balance w/Joy	9:30 AM	\$9
Organizational Workshop with Act Three Partners – 9/21/26	10:00 AM	Free
Hand & Foot Canasta	12:00 PM	\$5
ACBL Sanctioned Bridge	12:00 PM	\$8
Non-Sanctioned Bridge	12:00 PM	\$8
Integrated Exercise Yoga/Qigong/Pilates w/Roma	12:15 PM	\$8
Tai Chi & Qigong w/Roma	1:30 PM	\$8

**NO CLASSES 9/7
(LABOR DAY)**

🍁 TUESDAY 🍁

ACTIVITY	TIME	MEMBER
All Levels Yoga w/Katy	8:40 AM	\$9
Strength & Balance w/Joy – 1 Hour	9:00 AM	\$9
Balance Tai Chi Movements w/Joy – 30 minutes	10:00 AM	\$5
Basic Beginner Line Dance w/CindyLou – No Class 9/29	10:00 AM	\$8
Weights & Balls on Chair w/Katy Kolasa	10:00 AM	\$9
Tai Chi Chuan w/Bryan	10:30 AM	\$8
Full Body Fitness—Latin Dance Based Exercise—w/Juana	11:30 AM	\$7
ACBL Sanctioned Bridge – Late Start 9/15—12:30PM	12:00 PM	\$8
Intermediate Line Dance w/Barb	3:00 PM	\$8
Self Defense Class — 9/1	4:00 PM	\$3
Beginning West Coast Swing w/Ronnie	6:30 PM	\$15
Intermediate West Coast Swing w/Ronnie	7:30 PM	\$15

🍁 WEDNESDAY 🍁

ACTIVITY	TIME	MEMBER
Strength & Balance w/Joy	9:30 AM	\$9
Tai Chi w/ Larry – Yang Style Simplified 24 Form—Cancel 9/16	10:15 AM	\$8
Organizational Workshop with Act Three Partners – 9/21/26	10:00 AM	Free
Grief Support Group	10:30 AM	Free
All Levels Yoga w/Katy	11:00 AM	\$9
Zumba with Kay - Cancelled 9/2 & 9/16	11:30 AM	\$8
ACBL Sanctioned Bridge – Late Start 9/2 & 9/16—12:30PM	12:00 PM	\$8
Arizona Territorial Society – Sharlot Hall – 9/16/26	1:00 PM	Free
The Last Transfer Seminar—9/16/26	2:00 PM	Free
Full Body Fitness - Latin Dance Based Exercise w/Juana	4:30 PM	\$7
Karate Class—Starting 9/30	5:00 PM	\$3
Beginning Line Dancing - Beth Raber	6:00 PM	\$10
Intermediate Line Dancing - Beth Raber	7:00 PM	\$10
Sound Bath Healing Workshop w/Joy - 9/30/26	6:30 PM	\$44

*Activities in **BLUE** are our Basic Fitness Classes. All other classes are Premium.
Subject to cancellations – Check our website for updates – www.thecenteronrosser.org

Subject to cancellations



Non-Member Price for Activities \$15



www.thecenteronrosser.org



The Center SEPTEMBER ACTIVITIES SCHEDULE



CLOSED MONDAY, SEPTEMBER 7TH FOR LABOR DAY



THURSDAY



ACTIVITY	TIME	MEMBER
Strategic Network Partners	7:30 AM	Free
All Levels Yoga w/Katy	8:40 AM	\$9
Movin w/June - No Class 9/17	9:00 AM	\$8
Strength & Balance w/Joy - 1hr	9:00 AM	\$9
Balance Tai Chi Movements w/Joy - 30 Minutes	10:00 AM	\$5
Beginner Line Dance w/Sandi - No Class 9/17	10:00 AM	\$6
Tai Chi Chuan w/Bryan	10:30 AM	\$8
Tai Chi w/Larry - Yang Style—108 Form or The 42 Combination Form—No Class 9/10	4:00 PM	\$8



GAMES START AT 1:30 PM

DOORS OPEN AT NOON Per Game

Hand & Foot Canasta	12:00 PM	\$5
American Mahjongg - Beginners Welcome	1:00 PM	\$5



FRIDAY



ACTIVITY	TIME	MEMBER
Mind-Body Reset Walk—Meet at Front Desk (Free to Standard and Premium) - No Class 9/18	9:30 AM	\$3
Gentle Chair Stretch — (Free to Standard and Premium) - No Class 9/18	11:00 AM	\$3
Zumba Gold with Kay - No Class 9/18	11:30 AM	\$3
Creative Writing & Doodling— (Free to Standard and Premium) - No Class 9/18	12:00 PM	\$3
Grief Support Group— No Meeting 9/18	12:30 PM	Free
Friday Night Ballroom Dance - 9/18	6:30 PM	\$15



SATURDAY



ACTIVITY	TIME	MEMBER
Line Dance Social with Beth Raber— 9/12	6:00 PM	\$15

Saturday Night Dance with Ronnie - 9/19	6:30 PM	\$15



SUNDAY



ACTIVITY	TIME	MEMBER
Union Church Services (Sundays)	10:00 AM	Free

*Activities in BLUE are our Basic Fitness Classes.
All other classes are Premium.



*Caregivers and Family Members of all Ages are Welcome!



Stay Active & Independent for Life (SAIL)



A Strength, Balance, and Fitness Class for Adults 60+



NACOG Aging
Northern Arizona Council of Governments



It Works!

You'll be stronger, have better balance, feel better and this will help you stay independent, active, and prevent falls.



It's Fun!

You'll meet other people and make new friends!



It's Safe!

The instructors are experienced and skilled, and exercises have been tested with seniors. All exercises can be done seated or standing.

WEDNESDAYS
8:30 - 9:30 AM

Sept. 23 - Dec. 16, 2026

*no class 11/11

For information on additional supports and services
call: Toll-Free (877) 521-3500 • *TTY: (800) 842-4681

Contact to register for class:

Kristin Moore

Health and Wellness Specialist

928-779-7087

kmoore@nacog.org

Subject to cancellations

• Check our website for updates

• www.thecenteronrosser.org

Non-Member Price for Activities \$15



DANCING at The Center

GREAT MUSIC • FRIENDLY PEOPLE • FUN ATMOSPHERE

Come Dance With Us!

★ SEPTEMBER DANCE EVENTS ★

BETH'S COMMUNITY LINE DANCE

**SATURDAY,
SEPTEMBER 12**

6:00 – 10:00 PM

Tickets available at the door

\$15 Adults • \$10 Ages 17 & Under

NEXT COMMUNITY DANCE:

**SATURDAY,
DECEMBER 5**



FRIDAY NIGHT BALLROOM DANCE

**FRIDAY,
SEPTEMBER 18**



LESSON: 6:30 PM



OPEN DANCE: 7:30 PM



\$15 PER PERSON

NEXT FRIDAY NIGHT DANCES:
OCTOBER 16 • NOVEMBER 13



RONNIE'S SATURDAY NIGHT DANCE PARTY

**SATURDAY,
SEPTEMBER 19**



LESSON: 6:30 PM



OPEN DANCE: 7:15 PM



\$15 PER PERSON

NEXT DANCES:
NOVEMBER 21 • DECEMBER 19



◇ ALL DANCES ARE OPEN TO EVERYONE – ALL AGES WELCOME! ◇

Bring your friends and enjoy a night of music, dancing and fun!

THE CENTER ON ROSSER

1280 E ROSSER ST, PRESCOTT AZ



thecenteronrosser.org



928-778-3000

Fall Harvest

CRAFT SHOW

OCTOBER 23 & 24

10AM - 3PM

LOCAL CRAFTERS

HANDMADE GOODS

UNIQUE FINDS

FOOD TRUCKS

COSTUME CONTEST & CANDY

Celebrate the season.
SHOP. EAT. HAVE FUN!

SHOP LOCAL

SUPPORT

COMMUNITY

AT THE
CENTER ON
ROSSER



1280 ROSSER



*The Place Where
The Community Connects*

★★ SPONSOR OUR ★★ VETERANS DAY ★ BREAKFAST ★

— HONOR ★ THANK ★ CELEBRATE —

Join us as we honor and thank the brave men
and women who have served our country.

*Your support helps us provide a meaningful
and memorable breakfast for our local veterans.*



★ NOVEMBER 6TH ★

9:00 AM – 11:00 AM

Help us show our appreciation
for the brave men and women
who have served.

★★★

— THE CENTER —

★ SPONSORSHIP OPTIONS ★



☐ **VETERAN BAG**
\$10

A bag filled with snacks,
drinks, and treats to
show our appreciation.

HOW MANY? _____



☐ **VETERAN MEAL**
\$15

A hot breakfast served
with gratitude to the
men and women who
have served.

HOW MANY? _____

☐ **BOTH**
\$25

Sponsor both a veteran
bag and a meal!

HOW MANY? _____

★ YOUR INFORMATION ★

Name _____
Address _____
City _____ State _____ ZIP _____
Phone _____
Email _____



CASH

Cash payments can be
dropped off at
The Center Front Desk.



CHECK

Make checks
payable to
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— ★ — *Thank you* — ★ —
FOR SUPPORTING OUR VETERANS!



The Center
1280 E Rosser Street Ste
Prescott, AZ 86301



928-778-3000



thecenteronrosser.org



The Place Where
The Community Connects

You're Invited!

VETERANS BREAKFAST

— HONOR ★ THANK ★ CELEBRATE —

★ Join us as we honor and thank the
brave men and women who have
served our country. ★



FRIDAY
NOVEMBER 6

9:00 AM – 11:00 AM

THE CENTER

1280 E Rosser Street Ste, Prescott AZ 86301

★ *All Are Welcome!* ★



VETERANS
EAT FREE!



NON-VETERANS
\$10 PER PERSON

*Enjoy a hot breakfast, great company,
★ and our gratitude. ★*



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★ *Thank you for your service and sacrifice.* ★

CHRISTMAS CRAFT FAIR

❄️ DECEMBER 11/12 ❄️

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CONNECTS

Calling All Talent!

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DECEMBER
11 & 12

WE'D LOVE TO SEE SINGERS, DANCERS,
MUSICIANS, ACTORS AND MORE!



SINGERS



ACTORS



DANCERS



MUSICIANS



AND MORE!



CALL US TODAY! 928-778-3000

SHARE YOUR
TALENT & HELP
MAKE THIS
A MAGICAL
HOLIDAY!

LET'S MAKE
MEMORIES
TOGETHER!



TOGETHER, LET'S CREATE A HOLIDAY CELEBRATION OUR COMMUNITY WILL NEVER FORGET!



SEPTEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	<u>Tuesday September 1</u> PORK TACOS Corn Tortillas, Lettuce, Tomato, Cheese, Black Bean Medley, Sauteed Zucchini, Pineapple	<u>Wednesday September 2</u> SUMMER BEEF CHILI Ground Beef, Navy Beans, Onion, Bell Pepper, Cheddar, Lemon Broccoli and Cauliflower Mix, Cornbread, Mixed Berries	<u>Thursday September 3</u> ROASTED PORK LOIN Snow Peas, Brussels Sprouts, Whole Wheat Couscous, Biscuit, Sliced Oranges	<u>Friday September 4</u> CHOPPED MEDITERRANIAN SALAD Crisp Greens, Cherry Tomato, Cucumber, Red Onion, Olives, Hard Boiled Egg, Fruit Salad
<u>Monday September 7</u> CLOSED FOR LABOR DAY	<u>Tuesday September 8</u> CHICKEN AND CREAMY WHITE BEANS Sauteed Garlicky Greens, Rice Pilaf, Balsamic Tomatoes, Applesauce	<u>Wednesday September 9</u> BEEF MEATBALLS & MUSHROOM GRAVY Mashed Potatoes, Peas and Carrots, Whole Grain Biscuits, Melon	<u>Thursday September 10</u> CHICKEN AND WILD RICE Mushrooms, Broccoli Medley, Whole Wheat Roll, Berries	<u>Friday September 11</u> BEEF AND BROCCOLI Steamed Rice, Green Onion, Bell Pepper, Sesame Seeds, Oranges
<u>Monday September 14</u> TARRAGON CHICKEN Roasted Potatoes, Citrus Green Beans, Peaches	<u>Tuesday September 15</u> BEEF ENCHILADA CASSEROLE Corn Tortillas, Cheese, Tomatoes, Lettuce, Sauteed Zucchini, Pineapple	<u>Wednesday September 16</u> BBQ PORK Sweet Potatoes, Spinach Medley, Pearled Barley, Spiced Apples	<u>Thursday September 17</u> CHICKEN PARMESAN Whole Wheat Pasta, Marinara, Basil, Zucchini, Mushrooms, Pears and Oranges	<u>Friday September 18</u> ITALIAN SUB SANDWICH French Bread, Turkey, Ham, Salami, Provolone, Cucumber Tomato, Broccoli Salad, Grapes
<u>Monday September 21</u> CHICKEN TACO SALAD Lettuce, Tomato, Onions, Tortilla Chips, Bell Pepper Medley, Tropical Fruit	<u>Tuesday September 22</u> BRAISED BEEF Carrots, Celery, Onion, Mashed Potatoes, Peas and Carrots, Whole Grain Biscuit, Pineapple	<u>Wednesday September 23</u> CREAMY PESTO PASTA Cherry Tomatoes, Spinach, Garlic Breadsticks, Oranges	<u>Thursday September 24</u> BONELESS PORK RIBS Baked Beans, Broccoli, Cornbread, Peaches	<u>Friday September 25</u> LEMON CHICKEN Brown Rice, Carrots, Snap Peas, Bell Pepper, Apricots
<u>Monday September 28</u> BEEF AND VEGGIE STEW Carrots, Potatoes, Celery, Onion, Bell Pepper Medley, Whole Wheat Couscous, Grapes	<u>Tuesday September 29</u> PORK SAUSAGE AND PEPPERS Whole Wheat Roll, Carmelized Onions, Potato Salad, Peas and Carrots, Fruit Salad	<u>Wednesday September 30</u> FISH TACOS Corn Tortillas, Cilantro Slaw, Pico De Gallo, Spanish Rice, Summer Squash, Pineapple	 MEALS on WHEELS PRESCOTT TOGETHER, WE CAN DELIVER.	

"Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Assistance and alternate forms of communication are available upon request under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the rehabilitation Act of 1973 and the Age Discrimination Act of 1975, NACOG Aging prohibits discrimination in admission programs, services, activities or employment based on race, color, accommodation to allow a person with a disability to take part in Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs."



Assisteo Hospice



Your Hometown Hospice Care

Marla Stiles

Director of Transitional Care

928.277.1345



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Dave Hummel

Director of Care

Prescott (928) 642-4683

Mobile (480) 390-7305

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Arizona

We're in your corner.

People today can spend nearly half their lives over the age of 50. That's a lot of living. So, it helps to have a wise friend and fierce defender like AARP in your community.

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 **DevotedHealth**

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www.devoted.com

Susan Drysdale, PhD

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drsusandrysdale@gmail.com

www.drsusandrysdale.com

631-681-6717

Serving Prescott, Arizona

September is Fall Prevention Awareness Month.
Were you aware hearing loss increases your risk of falling?



A growing body of research suggests that hearing loss contributes to falls. For older people, falls are a big fear. As we age, our hearing and balance naturally decline. More than one in four Americans age 65 or older falls every year, the Centers for Disease Control and Prevention (CDC) reports. Even if you're not hurt, a tumble is frightening. You start moving less, you become weaker, and are more likely to fall again.

Reasons hearing loss may increase risk of falling

1. Hearing taps your brain reserves.
2. Aging affects both hearing and balance.
3. Sounds help us balance.

If you're concerned about your balance and you have hearing loss, hearing better may make a difference. **Please call or visit Prescott Hearing Center for your hearing healthcare needs.**

Call us to find out how we can help you or a loved one with hearing loss.



PRESCOTT
Hearing Center
Simply better, from the start.

928-899-8104 www.prescotthehearing.com

3108 Clearwater Drive, Ste B2, Prescott, AZ 86305

7762 E Florentine Rd, Ste D, Prescott Valley, AZ 86314



DOUG



PAULA



CONTROL STARTS SHIFTING.

THE IRS DECIDES
HOW MUCH MUST COME OUT.



FORCED
WITHDRAWALS



TAXABLE INCOME
Higher taxes.



MEDICARE
Higher premiums.



SOCIAL SECURITY
More of your benefits
at risk later.



WIDOW TAX
Higher taxes.
Bigger impact.

DON'T LEAVE YOUR LEGACY TO THE IRS.

Plan now. Protect more. Keep control.



GERRY WIEBERS

Grand Canyon Education Academy
Prescott, Mesa, Glendale, Arizona



480-294-2711



gerry@grandcanyonedu.com



**YOU WORKED HARD FOR YOUR MONEY.
KEEP CONTROL OF YOUR FUTURE.**



IMPORTANT NOTICE



We all know it has been one crazy hot summer!

Our Air was out in the ballroom and all the units need to be replaced.



The City was so generous to try multiple solutions to keep us cool and we appreciate your patience as we worked through moving classes.



GOOD NEWS:

The new units are in!



THE BAD NEWS:

Our classes will be disrupted for a few more weeks.



The Ballroom will be closed:

AUGUST 30 – SEPTEMBER 4

and again

SEPTEMBER 14 – SEPTEMBER 18

while annual maintenance occurs and the air is replaced.



Please check the schedule carefully as some classes are cancelled and we thank you for your patience as we try to do as many activities in our remaining two rooms as possible.



Please note that during these times classes will get out at your start time, so extra patience is appreciated.

THE CENTER STAFF

Kathy McFadden
Chief Executive Officer

Drew Barbaresi
Sr. Facilities & Events
Coordinator

Michelle Brien
Program & Volunteer
Coordinator

Ariana Seim
Admin. Assistant

Julie Holler
Development and
Programs Assistant

BOARD OF DIRECTORS

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Becky Cochell – Vice President

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Helene Schaffer – Secretary

Mary Ann Suttles – Member

Irene Beitz – Member

Sharon Tom – Member

Kathy Henry – Member

HOURS OF OPERATION



MONDAY – THURSDAY

8:30 AM – 4:00 PM



FRIDAY

8:30 AM – 2:00 PM



SATURDAY

BY EVENT



SUNDAY

CLOSED

Hours may vary for special events and holidays. Please call or visit our website for more information.

ABOUT THE CENTER

The Center is a nonprofit community hub in Prescott, Arizona dedicated to connecting, learning, growing, and shining together. We offer something for everyone and are proud to be a vibrant place where our community comes together.

*More Than A Center,
A Community*



1280 E. Rosser Street, Ste B
Prescott, AZ 86301



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www.thecenteronrosser.org

*The Center is a place where
our community connects.*

